

EDMONTON

metro®



Thursday, March 17, 2011
www.metronews.ca



Share this copy
with a friend



Say hello to the all-new,
all-powerful superphone.



MOTOROLA ATRIX™



THE PURSUIT OF PERFECTION.

LEXUS

DYNAMIC PERFORMANCE. REMARKABLE OFFER.



CT

2011 CT 200h

STARTING AT

\$33,610*

INCLUDES FREIGHT/PDI AND BLOCK HEATER

World's first compact luxury hybrid

- The all-new Lexus CT 200h unites dynamic styling, sharp handling and advanced Lexus Hybrid Drive.
- Delivers the best combined fuel economy in the luxury segment, at 61 mpg (4.6L/100 km).
- Amp Up Your Drive! The CT 200h offers drivers a choice of four distinct driving modes: Normal, Eco, Sport and EV.
- Lexus of Edmonton has won the Pursuit of Excellence award winner for five consecutive years (2006, 2007, 2008, 2009, 2010).

* Prices and payments are subject to change without notice. Contact the Lexus of Edmonton dealership for complete details.

LEASE FOR
\$398* MTH + GST
DOWN PAYMENT \$4,500*
\$0* SECURITY DEPOSIT

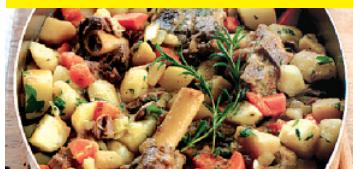
www.lexusofedmonton.ca ■ 11204–170 Street ■ 780-466-8300

LEXUS
EDMONTON



**WEDDING BELLS
RINGING FOR REESE**
NUPTIALS PLANNED
FOR RANCH {page 19}

**EAT LIKE THE IRISH
LAMB, POTATO STEW
FOR THE SLOW
COOKER {page 29}**



BRADLEY COOPER ON HOW FAR HE CAN GO

{page 18}

EDMONTON

metro

®

Thursday, March 17, 2011
www.metronews.ca



News worth sharing.



**Organize your home
buying experience**



HomingDevice™
Free Smartphone App

www.RightPlaceRightTime.ca



Ace. In the hold



► Metro Hutscl has been enjoying the weather this week, taking his dogs for early spring outings through downtown Edmonton on his motorized scooter. He has two pups that wear shades, sweaters and hats — Mr. Ace, pictured, and Mr. Molson.

HEATHER MCINTYRE/METRO

Fine weather for cap and feather

**Council wants
better snow job**

Defeats mayor's wish to delay
equipment purchase {page 3}

**Taking a swipe
at wipes**

Wet tissue may work as well as
disinfectant wipe: Study {page 6}

Film script talks of killing

► ‘This is the story of my progression into becoming a serial killer,’ wrote filmmaker ► Victim’s remains dumped in sewer near home of accused’s parents: Police

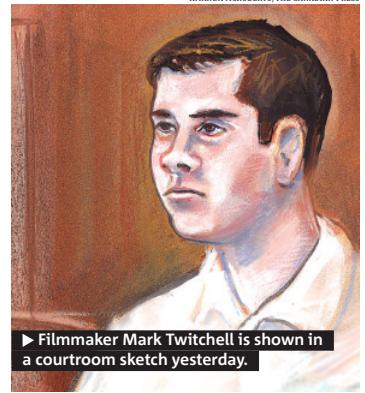
Filmmaker Mark Twitchell lured, killed and dismembered a stranger just like in one of his movies, then described it in graphic detail in what he termed the diary of a serial killer, a Crown lawyer alleged yesterday.

“Mark Twitchell’s plan was quite simply and shockingly to gain the experience of killing another human being,” prosecutor Lawrence Van Dyke told jurors in his opening address before a packed gallery in Court of Queen’s Bench.

The challenge, said Van Dyke, will be to sort fact from fiction in the case of a man who played in the fantasy world of film, killed in the real world and then wrote a story that the Crown alleges was tantamount to a confession.

Earlier yesterday, Twitchell, 31, pleaded not guilty to first-degree murder but offered to admit to interfering with a dead body. The Crown refused to accept the plea bargain and the trial continued.

THE CANADIAN PRESS



► Filmmaker Mark Twitchell is shown in a courtroom sketch yesterday.

“This story is based on true events.”

FILMMAKER MARK TWITCHELL, IN THE OPENING PORTION OF A 30-PAGE DOCUMENT FOUND ON HIS LAPTOP AFTER HE WAS ARRESTED IN THE FALL OF 2008 FOR THE MURDER OF JOHNNY ALTINGER, 38.



**Enjoy Exclusive Lake & Beach-Club Access
in Lake Summerside**

Mosaic Townhomes with Attached 2-Car Garages

from the **\$270's**

780-469-0545

MosaicSummerside.com

Mosaic

Summerside

Top
\$9.95



H&M

Mar joins race to lead Tories

Gary Mar has tossed his hat into the Tory leadership race, bringing the number of contenders to five.

The former cabinet minister of health, education, environment and community development announced his intentions yesterday.

He resigned Monday from his post as envoy to Washington, D.C., which allowed him to promote the oilsands and Alberta.

"I've been a champion for Alberta for the last three years and I want to continue to do so in the future," said Mar.

The lawyer from Calgary joins Ted Morton, Doug Horner, Doug Griffiths and Alison Redford as candidates for the Progressive Conservative leadership.

The party will vote next fall on its replacement for Premier Ed Stelmach.

• METRO

Emma, Liam top baby name picks

Jane Austen would approve of Alberta's most popular baby names, with Emma nabbing the top spot for girls in 2010, edging out 2009 favourite Olivia.

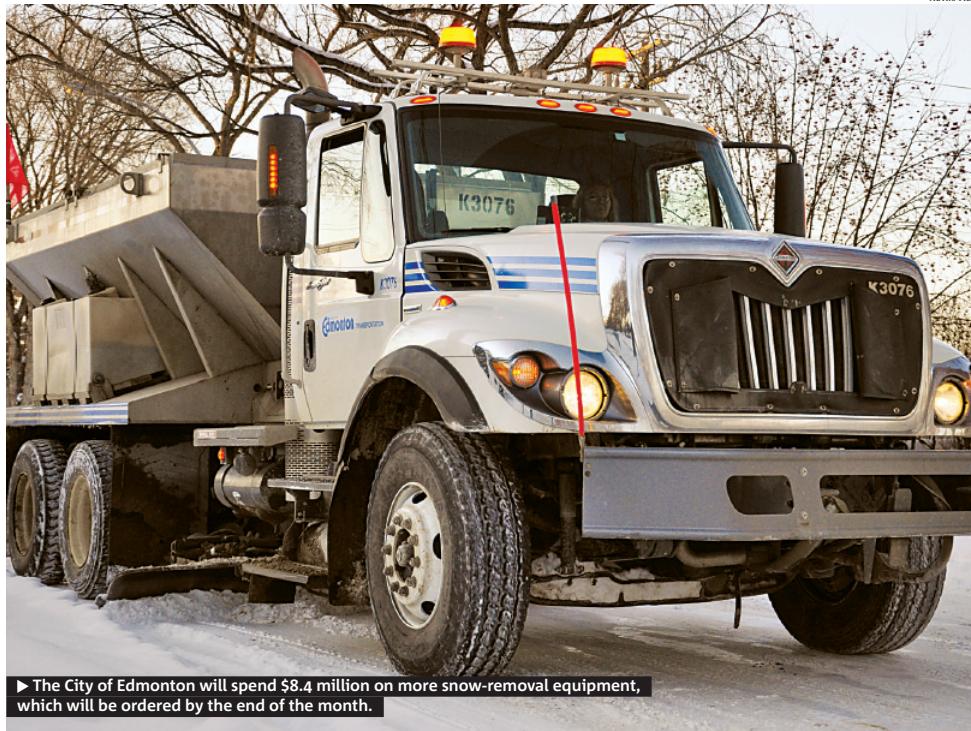
As for boys' names, Liam beat out Ethan, the nine-year favourite.

Isabella and Ava were in the top three for girls again, as was Logan for boys.

The province saw 1.8 per cent fewer babies born last year, according to Vital Statistics, with 26,508 boys and 24,508 girls.

Other popular picks included Biblical names such as Noah, Eve and Eden, while mythology and film also figured in with Pandora, Precious and Zeus.

• METRO



City moves to beef up snow removal

► \$8.4M worth of equipment to be ordered ► Independent external peer review panel will examine new snow policy and make recommendations



HEATHER
MCINTYRE
@METRONEWS.CA

Act now, not later.

That was the message from city council yesterday, as Mayor Stephen Mandel's wish to delay purchasing new equipment for snow removal was defeated.

"If we don't do this now, we're a year away from being able to deal with what we had this year," said Coun. Ben Henderson.

City staff proposed a new policy, noting that 20

Costs

- Contracting out snow jobs isn't cheaper, according to a city report. In fact, hiring contractors costs \$185 per hour while city staff cost \$75 per hour.
- The snow-removal budget for 2011 is \$42.8 million.

plow and sander units, two loaders, and five snowblower attachments are necessary for improved service, which includes plowing residential streets within five days of a storm.

Transportation operations manager Brice Stephenson said usually about \$20 million has been spent by this time, but so far the city has spent \$35 million on winter road maintenance.

- The city received a whooping 60 centimetres of snow in January alone.

They also said if the equipment isn't ordered prior to the end of March, it won't be in place by next winter.

Mandel's amendment to consider contracting out

more snow jobs was defeated 9-4.

"I would rather take a hit on the budget than look stupid and getting caught with our pants down again," said Coun. Ed Gibbons.

The equipment will be put to use in the summer as well with the neighbourhood renewal program.

The policy also includes parking bans along bus routes from November and March, and an overnight ban on residential street parking in the event of a serious snowfall.

1
news



Hard hurrying of curling promotes women's health: Study.
Scan code for story.

1 Download the free ScanLife application with your smartphone at 2dscan.com

2 Use the ScanLife application on your smartphone to scan 2D barcodes in Metro

3 The codes will direct your mobile browser to relevant content at m.metronews.ca

On the web at metronews.ca

A \$1-billion battle against Mother Nature begins in Manitoba.
Video at metronews.ca

 Follow us on Twitter @metroedmonton



*It's your day,
Dream BIG!*

Plan your **BIG** day at our brand new property with an onsite Marriott Certified Wedding Specialist.

Maya Daniel
Sales & Catering Manager 780.638.0130
maya.daniel@marriott.com

Lindsey Kirkconnell
Sales & Events Specialist 780.638.0129
lindsey.kirkconnell@marriott.com



EDMONTON WEST

10011 184 Street NW
Edmonton, Alberta T5S 0C7
P: 780 638 0129 F: 780 638 6299
Toll Free: 1 888 638 6070
[www.courtyardedmontonwest.com](http://courtyardedmontonwest.com)



Armed man killed in Fort Mac

- Man shot in hallway of MacDonald Avenue apartment building
- Mountie was wounded ► Officer did not fire fatal shot: ASIRT



**HEATHER
MCINTYRE**
@METRONEWS.CA

One man is dead and a Mountie is in hospital following a shooting in Fort McMurray early yesterday morning.

Three officers responded to a gun complaint at about 3:30 a.m.

"They were aware that there was at least potential (for gunfire) in relation to

this dispatch," said Clifton Purvis, executive director of the Alberta Serious Incident Response Team (ASIRT). It is unclear who fired first and how many shots were fired.

The female officer was

shot in the abdomen, and yesterday was in hospital in stable condition. She has been serving with the RCMP for 10 months.

All firearms have been seized for the investigation.

Nobody beats GNC prices! **HOT BUYS**

Hot Buy*
\$38.99

SlimQuick
Razor
Weight Management
120 tablets

Hot Buy*
\$38.99

Sports Science LLC
Ripped ABS Extreme
Weight Management
120 tablets

Hot Buy*
\$65.99

Muscletech
Nitro-Tech
Protein
1.8 kg / 4 lb

Hot Buy*
\$29.99

PVL
Mutant Mass
Weight Gainer
2.2 kg / 5 lb

Hot Buy*
\$29.99

As Seen On TV
Power Gym
Training
1 unit

Hot Buy*
\$44.99

Rivalus
Complx5
Pre Workout
600 g

Hot Buy*
\$55.99

Muscletech
Cell-Tech
Creatine
3 kg / 6.7 lb

Hot Buy*
\$79.99

AllMax
ISOFlex
Protein Isolate
2.25 kg / 5 lb

Hot Buy*
\$15.99

ReCleanse
Herbal Cleanse
Whole body detox
7 day supply

Hot Buy*
\$31.49

Progressive Multi for
Active Men
Bonus - 150 capsules

Hot Buy*
\$27.99

Progressive Multi for
50+ Women
50+ Men
Bonus - 150 capsules

Hot Buy*
\$4.99

GNC
Vitamin D-3
1,000 IU Sunshine Vitamin
180 tablets

Pro Performance® sports nutrition **BOGO 50% OFF - Mix & Match**

See sales associate for details • Pro Performance BOGO offer ends April 25, 2011

GNC LiveWell.™

★ Visit www.gnc.ca for the location near you ★ 170 locations coast to coast ★

* Hot Buys offer valid March 10 to 21, 2011. Offer is limited to quantity on hand. Lowest price guarantee is based on nationally advertised pricing. Sorry no rain checks. 20% GNC Gold Card discount and BOGO do not apply to our already low Hot Buy priced items.

Teen faces charges in home attack

5 The total number of charges that have been laid against the 16-year-old.

Police are investigating a violent attack at a north-end group home that left a 51-year-old worker "severely beaten" early yesterday.

Officers responded around 12:46 a.m. after reports a suspect had gained entry to the home and assaulted the female worker, said Patricia Thenu, spokesperson for EPCS.

The woman was taken from her place of work near 86 Street and 122 Av-

enue in critical condition.

The employee, who also had a small quantity of cash taken from her purse, remained in serious but stable condition in hospital yesterday.

None of the other people in the home at the time were harmed in the attack, Thenu said.

A 16-year-old male has been charged with aggravated assault, break and enter, disguise with intent and robbery.

● SHELLEY WILLIAMSON

Public asked to weigh in on arena

Arena opinion

► Call Voice your opinion on the arena by calling 311 or respond at edmonton.ca

After much discussion at city hall on a new arena for the Oilers, the public is getting a say.

Coun. Kerry Diotte first encouraged public opinion via Facebook last week.

"It seems there are a fair chunk of people who want to get the deal done if the city gets a better deal," reflected Diotte on his poll of 895 respondents, calling it "a good sampling from all wards and parts of the city."

The majority (44.6 per cent) supported the proposed deal, with \$250 million from a revitalization levy and tick-

et tax, \$100 million from the Katz Group, and another \$100 million needed according to early projected costs.

More than half of respondents said the Katz Group should pay anything above \$450 million, while nearly 60 per cent said the city should share in arena revenue.

Diotte also challenged Twitter users to sound off earlier this week.

The city may do a formal poll, he said, noting plebiscites have been held on building sports arenas before.

● SHELLEY WILLIAMSON

'Breakdown' cited in alleged kidnapping

The RCMP says a "breakdown in communication" allowed a convicted sex offender to drive away from a traffic stop with a young girl during an alleged kidnapping on Feb. 24. Police allege Francis Dionne abducted

a 10-year-old girl from Calgary's Deerfoot Mall, but was initially pulled over for speeding.

When the officer, a veteran of more than 25 years, radioed in to dispatch with Dionne's details he did not hear the caution code advising that the sex offender was of "special interest to police," said Insp. James Stiles.

● JEREMY NOLAS

OUR BIGGEST SALE OF THE YEAR

Sale on from March 17th - 20th - Happy St. Patrick's Day!

ALL GLASSES ONLY \$38



Derek Cardigan
7004 Green Tortoiseshell
Reg. \$128 Now \$38



Bulova
Arles Gunmetal
Reg. \$128 Now \$38



Kam Dhillon
3018 Black
Reg. \$138 Now \$38



FREE SHIPPING + \$5 OFF YOUR ORDER!

On contact lens orders of \$49 or more
apply coupon at checkout

Use this code: **Green**

 **ClearlyContacts.ca**

Canada's Largest Optical Store

Find us on facebook 

www.facebook.com/ClearlyContacts.ca

RCMP INVESTIGATION

PM calls for probe into former aide's activities

A longtime senior aide to Prime Minister Stephen Harper is now being investigated by the Mounties and federal ethics watchdogs, the latest in a string of controversies that could be the last nail in the coffin of the shaky minority Parliament.

The allegations involve former policy adviser Bruce Carson, who worked directly alongside Harper from his time in opposition

until he was appointed to a plum post heading a federally funded think-tank less than two years ago.

Harper's office called in the RCMP yesterday after learning of allegations connected to a news investigation by the Aboriginal Peoples Television Network.

The network reported on its website that it had learned Carson was allegedly lobbying Indian and Northern Affairs Canada and the minister's office on behalf of an Ottawa-based water company. They were allegedly trying to sell water filtration systems to reserves with water quality problems.

THE CANADIAN PRESS

Just how clean is it?



► Medical student Andrea Berendt, pictured here in the lab, created the protocol and conducted the experiments.

ALISON BAIRD/FOR METRO

► New study shows how many swipes are needed to rid plastic objects, like cellphones, of bacteria

Researchers from the University of Alberta's Faculty of Medicine and Dentistry have discovered that physical removal is the key to reducing surface bacteria on plastic.

"What we found was after one swipe the disinfecting wipes were very effective," said Dr. Sarah Forgie, associate professor in pediatrics.

"But after three or more swipes there was no difference if you used a tissue that was moistened with

salt water, or if you used one of the disinfecting wipes."

The study, published online in PubMed, found that swiping the contaminated surface three times decreased the bacteria present by an average of 88 per cent, compared to only swiping the surface once.

Forgie said the next step involves testing how well wipes moistened with water remove bacteria, as well as testing "real-life objects."

● ALISON BAIRD

Be mortgage-free faster. That's smart borrowing.

**Be mortgage-free faster with the right mortgage for right now.
The low-rate mortgage. Only from BMO.[®]**

Know you're protected if rates rise, with the low-rate mortgage from BMO. Just a great 5-year fixed rate. And, with an amortization of 25 years or less, you'll pay off your mortgage faster and you could save over \$55,000 in interest versus a mortgage amortized over 30 years.² Now that's smart borrowing.

Visit a branch today, or have one of our mobile Mortgage Specialists come to you.

Visit bmo.com/loweratemortgage

3.89%
APR¹

BMO  **Bank of Montreal**

Making money make sense[®]

¹The Annual Percentage Rate (APR) for the 5-year low-rate fixed closed mortgage is 3.89%. APR assumes no fee(s) apply. If we require you to obtain an appraisal, the appraisal fee would increase your APR. Funds must be advanced within 90 days from the date of application. Offer may be changed, withdrawn or extended at any time without notice. Applications are subject to meeting Bank of Montreal's usual credit criteria. Some conditions may apply. This special offer is not available for Homeowner Readline[®]. ²Example is based on a \$250,000 mortgage at 6.00% APR on a 5-year fixed rate term. [®]Registered trade-marks of Bank of Montreal.

DANIER

leather factory outlet



**LAST
CHANCE
OUTLET EVENT
4 DAYS ONLY**
ENDS SUNDAY, MARCH 20TH

**TAKE AN
EXTRA
20% OFF
ALL FALL/WINTER*
CLEARANCE ITEMS**
**15% OFF
SALE ITEMS**

*ALL RED SALE AND
YELLOW CLEARANCE
TAGGED MERCHANDISE



LEATHER JACKETS
AS LOW AS
\$99⁹⁹

LEATHER BAGS
AS LOW AS
\$49⁹⁹

LEATHER ACCESSORIES
AS LOW AS
\$12⁹⁹

DANIER LEATHER FACTORY OUTLETS ONLY • 100% GENUINE LEATHER

MAYFIELD COMMON
170 mayfield common
780-444-2389

SOUTH EDMONTON COMMON
1420 parsons rd. nw
780-433-7601

www.danier.com
customer service department
1-877-9danier (1-877-932-6437)



Quit the danger zone

- Growing number of countries tell their citizens to leave Japan
- Death toll to hit 10,000: Officials

Australia and Germany advised their citizens in Japan yesterday to consider leaving Tokyo and earthquake-hit areas, joining a growing number of governments and businesses telling their people to go.

Meanwhile, surging radiation at Japan's Fukushima Dai-ichi nuclear plant forced Japan to order workers to temporarily withdraw from the plant. They were ordered back last night.

Millions of people struggled for a fifth day with little food, water or heat. Police say more than 452,000 people are staying in shelters.

More than 4,300 people are officially listed as dead, but officials believe the toll will climb over 10,000.

THE ASSOCIATED PRESS

Canada watches

Canada's Foreign Affairs Department says there is no change in its position regarding Canadians in Japan.

- Canada has already issued an advisory against non-essential travel to Japan.
- No evacuation is being planned at present, Canada says. Canadians wishing to leave Japan can do so by commercial means.
- Cirque du Soleil has decided to move its performers and staff working in Japan to Macau, a spokesperson says. Its show ZED has been based at Tokyo Disneyland and the touring KOOZA show was performing at the Fuji Dome in Tokyo.



World Vision

Japan devastated by quake and tsunami



World Vision needs your help to provide immediate humanitarian relief to the children and families of Japan.

On Friday, north-eastern Japan was struck by a 9.0 magnitude earthquake – one of the most powerful earthquakes in recorded history – triggering a powerful tsunami. Thousands have lost their lives and entire towns have been washed away.

Children urgently need your help.

More than 400,000 children and families have been displaced. Children are spending bitterly cold nights in the open without food or water.

World Vision is there.

At this moment, our staff is on the ground, working to ensure that relief gets to those who need it most. Additional disaster response experts are on their way to assist in assessing and responding to the most urgent needs.

Please act now to protect lives!

To rush emergency supplies to the children and families of Japan who desperately need help now, call **1 800 654-2650** or donate now at worldvision.ca.

World Vision is a Christian relief, development, and advocacy organization dedicated to working with children, families, and communities to overcome poverty and injustice. As followers of Jesus, we are motivated by God's love to serve all people regardless of race, religion, gender, or ethnicity.

Rush my gift to help save lives in Japan!

I'm enclosing: \$100
 \$200
 \$500
 \$_____ to help as much as possible

Name _____

Address _____ Apt. _____

City _____ Province _____ Postal Code _____

Telephone _____ E-mail Address _____

I would like to use my: VISA MasterCard American Express

CARD NUMBER _____

EXPIRY DATE _____

SIGNATURE _____

100719/4226379

Please make your cheque payable to:

I World Drive, Mississauga, Ontario L5T 2Y4
 You can donate online at worldvision.ca



Donate now. Call 1 800 654-2650 or visit worldvision.ca

SAMSUNG

"A knockout... exceptionally quick ...an HDTV-like viewing experience in the palm of your hand." – The Globe and Mail

"powerhouse device can satisfy almost any need."

– mobilesyrup.com



Samsung GALAXY S™
Vibrant™

"Should you buy this phone?
In a word, yes.
It is that good."
– thewunderbar.net

Believe the reviews on this unbelievable device.

Here's your chance to pick up the Samsung Galaxy S Vibrant, the smartphone with the world's best mobile screen¹, at an amazing price. For a limited time, get this super fast Android™ 2.2 (upgradeable) smartphone with Google apps, Android Market, astounding 4" Super AMOLED™ screen, front-facing camera for video calling, lightning fast SWYPE® texting, and social network integration with Social Hub™ for only \$49.95 on a 3-year term².

Visit a Bell store • 1 888 4-MOBILE (662453) • bell.ca/galaxys

Bell

©2011 Samsung Electronics Canada, Inc. All Rights Reserved. Samsung is a registered trademark of Samsung Electronics Co., Ltd. Galaxy S Vibrant is a trade-mark of Samsung Electronics Co., Ltd., used in Canada under licence. Google, Android are registered trademarks of Google, Inc. (1) Based on comparison of size, brightness and contrast of display vs. other leading smartphones. (2) With new activation on a 3yr term on a post-paid voice and data plan or a post-paid voice plan and a data feature with a min. value of \$50/mo. Offer ends April 15, 2011. No term pricing is \$499.95.

Bahrain in a chokehold

► Soldiers, riot police impose a 12-hour curfew and ban all movement nationwide ► Hospital doctors stopped from leaving or treating wounded

Soldiers and riot police in Bahrain overran a protesters' camp, imposed a 12-hour curfew and choked off movement nationwide yesterday.

Witnesses described helicopters firing on homes in a hunt for Shiites and attacking doctors treating the wounded.

The government called demonstrators "outlaws" for demanding an end to the monarchy.

The nation that once led the Middle East in entrepreneurial openness went into lockdown, its government propped up by troops from Sunni Gulf neighbours fearful for their own rule and the spread of Iran's Shiite influ-

"There are many people injured, but we can't bring them to the hospital because of the travel restrictions and doctors can't come to us."

ALI MARSOUK, A RESIDENT OF THE SHIITE VILLAGE OF SITRA WHO SAID HELICOPTERS FIRED ON HOMES IN A THREE-HOUR ATTACK

ence. The violence left at least five people dead.

The unrest that began last month increasingly looks like a sectarian showdown. The country's Sunni leaders are desperate to hold power, and majority Shiites want more rights and an end to the monarchy.

U.S. President Barack Obama called King Abdullah of Saudi Arabia and King Hamad bin Isa Al Khalifa of Bahrain to ex-

press deep concern over the violence.

White House spokesman Jay Carney said Obama stressed the need for "maximum restraint."

U.S. Secretary of State Hillary Rodham Clinton said the introduction of Gulf forces was "the wrong track."

Doctors at the country's main hospital said their facility was taken over by security forces, blocking physicians from either

leaving or treating the wounded on site.

There have been moments of open anger. As overwhelmed teams treated the injured, many broke out in calls to topple the monarchy.

"We are under siege," said Nihad el-Shirawi, an intensive care doctor who said she had been working for 48 hours. "We cannot leave, and those on-call cannot come in."

Britain will send charter planes to help its citizens leave Bahrain as soon as possible, officials said. Britons were told to remain at home last night and make their way to the airport today.

THE ASSOCIATED PRESS



► Tires burn near a shopping mall in Malkiya, Bahrain, yesterday as Shiite youths brace for the anticipated arrival of government forces.

The Road To Perfect Health

IS PAVED WITH GOOD INTESTINES!

We all have an internal GPS ("Gut Protection System") that keeps our health on course. Probiotics are the key to ensure it is running smoothly.

Whether you are 1 or 101, a daily probiotic supplement can help to:

- Improve Overall Health
- Improve Digestion
- Ease Constipation And/Or Diarrhea
- Boost Immune System
- Decrease Yeast Overgrowth

Receive \$3.00 OFF

your purchase of ANY* Renew Life Product

* Limit one coupon per purchase (Individual Organic Fibre Bars, FitSMART Bars & DigestMORE 20 caps Excluded). Coupon expires April 30th, 2011.

Dear Retailer: Renew Life Canada Inc. will reimburse the full value of this coupon on the purchase of the product specified. Other applications may constitute fraud. Applications for reimbursement received after 6 months from the expiry date, as indicated below, will not be honoured. Failure to mail in, or request, that sufficient stock was purchased in the previous 90 days to cover the coupons will void coupons. Coupons submitted become the property of Renew Life Canada Inc. Retailers are responsible for delivery to the retail distributor who redeemed the coupon. For redemption, mail to: Renew Life Canada - 8 - 1273 North Service Road East - Oakville, ON L6H 1A7.



Renew Life Offers Probiotic Solutions
For The Whole Family!

RENEW LIFE PRODUCTS ARE AVAILABLE AT YOUR LOCAL HEALTH FOOD STORE.
TO FIND A HEALTH FOOD STORE NEAR YOU CALL 1-800-485-0960 EXT 3 OR VISIT WWW.RENEWLIFE.CA

HASAN JAMALI/THE ASSOCIATED PRESS



Gadhafi's troops set to push rebels out of key city

Libyan rebels battled to hold a strategic eastern city against a punishing offensive by forces loyal to Moammar Gadhafi yesterday, voicing anger and frustration at the West for not coming to their aid.

Charred vehicles, bullet-riddled pickup trucks and an overturned tank littered the desert near the entrance to the key eastern city of Ajdabiya.

Government troops were bringing in a stream of truckloads of ammunition, rockets and supplies.

Meanwhile, the latest international effort to impose a no-fly zone over Libya stumbled along.

Supporters in the UN Security Council were trying to push through a resolution along with other measures aimed at preventing Gadhafi from bombing his people.

THE ASSOCIATED PRESS

WHAT ARE YOUR TOP 10 THINGS TO DO IN THE DARK?

Take the Metro Life Panel survey March 18!

With Earth Hour coming up, the Metro Life Panel team wants to know what are YOUR Top 10 things to do in the dark!

Results will be published in the Earth Hour Special Feature in Metro on March 25.

REGISTER TODAY AT METROLIFEPANEL.CA

metro
life panel

FOUR DAYS ONLY!

THURSDAY, MARCH 17 TO SUNDAY, MARCH 20, 2011

19⁹⁹
EACH
ALL HAGGAR WOMEN'S WEAR CLEARANCE PRICED FASHIONS

While quantities last

haggar
1926

SPRING 2011 EXPLORE

Sears

Apple kid-proofs apps

► Parents dinged hundreds of dollars for wagonloads of Smurfberrries

Apple Inc. has changed how purchases inside iPhone and iPad games are authorized after customers complained that their children were racking up hundreds of dollars in charges.

The issue was that after a user entered his or her

iTunes password on a device, the device didn't prompt for the password again for 15 minutes. Any purchases went through without a new password prompt. This meant that parents who handed over their iPhones or iPads to

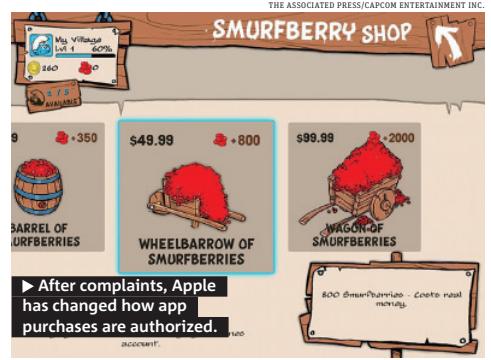
their children were sometimes shocked by large bills for Smurfberrries and other virtual bling.

After complaints from parents, the U.S. Federal Trade Commission looked into the issue. With the iOS 4.3 software update, Apple

devices have one 15-minute password-free timer for the App Store and iTunes, and a separate one for in-app purchases.

The parents who complained got refunds for the inadvertent purchases.

THE ASSOCIATED PRESS



CITY PRINT DISTRIBUTION INC.

DISTRIBUTORS OF METRO EDMONTON

DISTRIBUTION DISPATCHER

Applications are now being accepted for a distribution dispatcher. If you are experienced, dependable, with references and have a reliable larger sized vehicle, the following position may be for you:

DISPATCHING OF NEWSPAPERS:

- Monday - Friday only: start time 11:30pm and is approximately a five hour shift (all weekends and holidays off)
- Good communication skills
- Lifting of newspaper bundles
- Ability to make decisions depending on press performance
- Shuttling of bundles
- Training new contractors
- Maintaining accurate dispatch records
- Computer skills required to complete nightly reports
- Good communication skills
- Ability to work in a team environment
- Regular payment every two weeks
- Long Term Contract for proven, dedicated service performance.

Highest competitive rates paid in the industry. For more detailed information on our next growth opportunity, please call Winfield Wong today at 780.951.1751 or email: winfieldw@telus.net

NEW HOPE FOR HAIR LOSS Laser Hair Therapy

USING TLPTM

TLPTM IS A "NEW" NON-SURGICAL SCIENTIFIC APPROACH FOR MEN AND WOMEN TO HELP CONTROL THINNING HAIR, BALDNESS AND PROBLEMS ASSOCIATED WITH THE SCALP.

This cold laser creates a soft halo of light around the scalp. Laser hair therapy is a medically tested, safe and proven method using low level laser energy, or "soft cold" laser light to effectively treat and control problem hair loss and encourage new growth.



Breaking News.

A new study published in the International Journal of Cosmetic Surgery and Aesthetic Dermatology showed a 93% increase in hair among the respondents using Cold Laser Therapy.

In addition, more than 89% of participants see noticeable indications of benefits within 6-12 weeks of therapy.

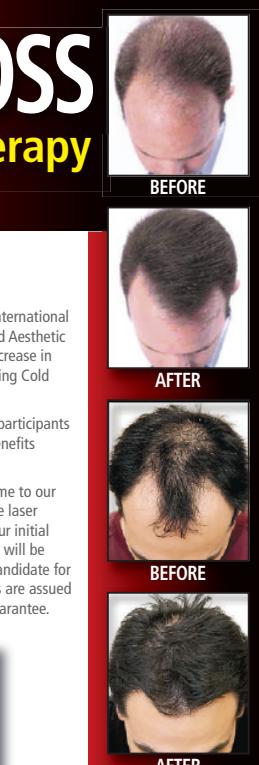
For those clients not able to come to our clinic on a regular basis, a home laser program is available. During your initial consultation and assessment, it will be determined if you are a good candidate for Laser Therapy; if so, your results are assured and backed by our exclusive guarantee.



YOUR FIRST STEP
is a no obligation

FREE CONSULTATION

Simply call 780.483.0729 • edmonton@biothera.ca
For more information check online at www.biothera.ca



BIO THERA
LASER CLINICS
West End Medical Building
Suite #202, 9509 - 156 St.

COMING UP ROSES

Steadfast growth ahead: TD

The Canadian economy will overcome any effects from the crisis in Japan and expand faster than was expected a few months ago, TD Bank predicts.

The bank's new forecast has the economy growing strongly in the first half of this year and slowing in the latter half. For the year, TD expects the economy will expand by three per cent, half a point more than its previous estimate and 0.6 percentage points higher

than the Bank of Canada's projection. The growth will be most prominent in Newfoundland and the Prairies, but even Ontario's manufacturing-based economy will rise by 2.9 per cent, TD says.

Statistics Canada said yesterday that Canada's still depressed manufacturing sector had a banner January, with activity picking up by 5.5 per cent in volume terms.

TD's sunnier outlook stems from the strong 3.3 per cent growth in the fourth quarter, a more optimistic outlook for Canada's biggest trading partner — the United States — and higher demand for commodities.

THE CANADIAN PRESS

Market moment

TSX	Dollar	Oil	Natural gas
- 22.14 (13,524.82)	- 0.08¢ (100.83¢ US)	+ 80¢ US (\$97.98 US)	\$1,000 cu ft \$3.938 US (- 0.3¢ US)
			Gold contracts \$1,396.10 (+ \$3.30 US)

Motorola Mobility Inc. will launch a Wi-Fi-only version of its Xoom tablet computer in the U.S. for \$599. The Xoom is a prominent competitor to Apple Inc.'s iPad, but manufacturers trying to take on the iPad have had a hard time matching its price.

The Wi-Fi-only iPad 2 with 32 gigabytes of flash memory, the same amount as the Xoom, also costs \$599 U.S.

Both tablets have fast dual-core processors and two cameras. But the Motorola Mobility tablet runs Google Inc.'s Android software, while the iPad runs a version of the iPhone's software.

The Xoom goes on sale March 27. There's no word yet of a Canadian release date.

THE ASSOCIATED PRESS

Be informed
about the
proposed
downtown
arena.

Visit
[www.edmonton.ca/
downtownarena](http://www.edmonton.ca/downtownarena)

THE CITY OF
Edmonton

Hurry! Offer ends March 31.

BIG news

Hot Android™ powered phones starting at \$0.



LG Shine Plus™ with Google™

SALE \$49.99

\$0

3 year term

\$299.99

No term

SAVE \$299.99



Samsung Galaxy S Fascinate™ 3G+

SALE \$79.99

\$49.99†

3 year term

\$529.99

No term

SAVE \$480



HTC Desire™ HD with HTC Sense™

SALE \$129.99

\$99.99†

3 year term

\$499.99

No term

SAVE \$400

Voice & Data Flex 55+

The worry-free data plan
that adjusts to your needs.

UNLIMITED

- Nationwide talk with your 10 favourite numbers‡
- Text, picture and video messages**

WITH Unlimited Early Nights (6pm) and Weekends

All on Canada's fastest†† coast-to-coast 4G network.

telusmobility.com



the future is friendly®

For more details on these great offers, visit your TELUS authorized dealer or retailer, visit telusmobility.com or call 1-866-264-2966.

► FUTURE SHOP



Walmart

LONDON DRUGS

Visions

BLACKS

TELUS AUTHORIZED
DEALERS

EDMONTON

Bonnie Doon Mall

Kingsway Garden Mall

Londonderry Mall

Northgate Mall

South Edmonton Common

Southgate Centre

TELUS Plaza North

West Edmonton Mall

Downtown

9915 108A Ave. NW

11315 104th Ave.

WEST END

5 - 14220 Yellowhead Trail

14903 118th Ave.

10429 178th St.

17508 Stony Plain Rd.

NORTH

9624 165th Ave.

12714 137th Ave.

SOUTH

5912 104th St.

10309 34th Ave.

5926 99th St.

8708 51st Ave.

4515 Gateway Blvd.

Fort Saskatchewan

9542 86th Ave.

9914 103rd St.

Leduc

112 - 5906 50th St.

5205 50th Ave.

Sherwood Park

Sherwood Park Mall

162 - 26 Strathmoor Dr.
(Road King)

Spruce Grove

Westland Market Mall

30 - 96 Campsite Rd.

St. Albert

St. Albert Centre

30 - 200 St. Albert Rd.

20 Muir Dr.

Offer valid until March 31, 2011. Prices are subject to change without notice. Pricing and availability may vary. †Available for clients who activate or renew on a 3 year term with a Clear Choice voice and data rate plan of \$50 or greater. TELUS reserves the right to modify eligible rate plans with this offer at any time without advance notice. ‡Your 10 numbers must be Canadian domestic numbers and must not include your own TELUS mobile phone number, your voice mail retrieval number, toll-free or 900 numbers. Nationwide talk & text refers to local and Canadian long distance calls made to or received from your mobile phone and are subject to additional roaming and/or international charges. You may change the 10 numbers once per billing cycle by visiting telusmobility.com. **Premium messages are not included. An additional 20¢/message charge will apply for each text message or attachment sent outside of Canada and the US. An additional 45¢/message charge will apply for text messages sent or received while roaming (outside of North America). Visit telusmobility.com/text for details. SMS roaming charge is 60¢/incoming or outgoing message. Video and picture messaging are only available in PCS and 1X digital coverage areas. Clients with non-capable phones will receive a text message that includes a web address where they can view the picture or video. Multimedia messaging used while outside of Canada is charged as data roaming. ††Based on TELUS' tests of data throughput speeds in large Canadian urban centres available from national HSPA+ service providers. Internet access speed provided by the network operator may vary due to the device being used, network congestion, distance from the cell site, local conditions and other factors. Speed on the Internet is beyond the wireless network operator's control and may vary with your configuration, Internet traffic, website server and management policies, and other factors. TELUS, the TELUS logo, the future is friendly and telusmobility.com are trademarks of TELUS Corporation, used under licence. Android and the Android logo as well as Android Market and the Android Market logo are trademarks of Google Inc. Facebook is a registered trademark of Facebook, Inc. All other trademarks are the property of their respective owners. © 2011 TELUS.

ACHING FOR SUMMER'S FIRST SWEET KISS

He says ...

JOHN MAZEROLLE



For a country that's in one hemisphere, Canada sure seems bipolar sometimes.

We're the only country in the world proud to be humble. We puff out our chests at our democratic values but sulk like children when it's time to vote. And here's the big contradiction this time of year: We embrace the myth of the lone and rugged, snow-loving Canadian outdoorsman, while we actually ache for the sweet kiss of summer.

If our schoolbooks and Roll Up The Rim commercials are to be believed, then we should be out in the wilderness right now, starting fires by knocking caribou antlers together and portaging

our pemmican with the other voyageurs. In truth, the only survivor skills most know is that if you're stuck in a blizzard you should use your lightsaber to cut open your Tauntaun.

We spend the whole winter in shopping malls. We curse every snowfall except the first one and, if we're feeling the spirit, a light dusting before Christmas.

We can't handle winter and, in fact, act each year like we've never seen it before, rushing headlong into car accidents, heart attacks and that hilarious fall where you do a Russian kick dance before you hit the ground. If you do it right, your briefcase opens and the pages of your

annual report go everywhere.

This seasonal amnesia sounds like classic denial to me — perhaps brought on by Post-Traumatic Snow Disorder.

And now comes spring, but not soon enough.

Weather patterns differ across the country — Vancouverites will be laughing so hard at Halifax by mid-April that foamed milk will come out their nose — but

right now everybody is in the same boat: The temperature dances about in the single digits and everybody stares mournfully at the sky.

The street is filled with season-pushers, dressed in skirts and light jackets, hoping that if we all dress like it's warm we might ac-

tually fool Mother Nature.

We like to criticize young people because, once it's 5 C, we can find guys outside bars wearing little more than cologne, alongside women in short skirts, whose length of exposed leg provides a quick measurement on The Likelihood Of Bad Life Decisions.

But in truth we're all in the same boat, dressed suggestively for Mother Nature and hoping she might give us a little somethin' somethin' to remember her by.

When it finally warms up, we can then, and only then, embrace our outdoorsman image. Unless there are insects. Then we'll be inside.

Read more of
John Mazerolle's columns
at metronews.ca/hesays

Cartoon

MICHAEL DE ADDER



2011: A Space Odyssey

Worth mentioning

The first humanoid robot ever launched into space is finally free.

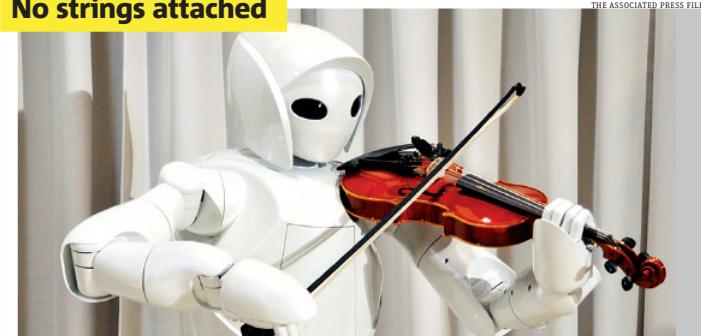
Astronauts at the International Space Station unpacked Robonaut Tuesday, 2½ weeks after its arrival via shuttle Discovery. NASA broadcast the humorous unveiling ceremony yesterday.

American Catherine Coleman and Italian Paolo Nespoli pried off the lid of the robot's packing box, as though they were opening a coffin. TV cameras showed lots of foam inside, but no robot.

"It's like unearthing a mummy," radioed a payload controller at Marshall Space Flight Center in Huntsville, Ala.

"Well, at least the mum-

No strings attached



my would be here," Coleman replied. "We just have an empty box where Robonaut is supposed to be."

Robonaut — also known as R2 — was spotted a minute later in front of a work station.

"I'd like to introduce you to the newest member of our crew," Coleman said.

"We're going to see

what Robonaut can do."

The payload controller asked if R2 was related to HAL, the sinister computer with artificial intelligence from the 1968 film 2001: A Space Odyssey.

"Since we found him already controlling the space station, we're sure that he is related to HAL. But we'll see," Coleman said.

THE ASSOCIATED PRESS

What did you want to be when you grew up?

Email

edmontonletters@metronews.ca

Twitter

[@metroedmonton](http://metroedmonton)

Metro has the right to edit letters and submissions.

metro

METRO EDMONTON • Suite 2070, 10123 - 99 Street •
Edmonton, AB • T5J 3H1 • T: 780-702-0592 • Fax: 780-701-0356
Advertising: 780-702-0592 • adinfoedmonton@metronews.ca
• edmonton_distribution@metronews.ca

Publisher Steve Shroud, Managing Editor Darren Krause, Sales Manager Cheryl Skogg, Distribution Manager Jim Hillman
METRO CANADA: President & Publisher Bill McDonald, Editor-in-Chief Charlotte Empey, National Deputy Editor Fernando Carneiro, Asst. Managing Editor Tarin Elbert, Scene/Life Editor Dean Lisk, Assist. Managing Editor Amber Shortt, Art Director Laila Hakim, Business Ventures Director Tracy Day, National Sales Director Peter Bartrem, Interactive/Marketing Director Jodi Brown

Metro Minute at sportsmen's show

The 2011 Edmonton Boat and Sportsmen's Show will run today through Sunday at the Edmonton Expo Centre. The event is expected to draw approximately 45,000 visitors to the 320 exhibitions. This year's events include a hunting and fishing simulator, kids fishing pond, Honda ATV demo area (where visitors can test drive an ATV), the 2011

Canadian Elk calling championships, retriever dog demos — and the star of the TV series Mantracker will also be making an appearance. Tickets are \$13 for adults, \$9 for seniors, \$8 for youth, and free for children six and younger (\$2 off admission with WIN card).

Visit [edmontonboatandsportshow.ca](http://edmontonboatand sportshow.ca) for hours and details. • METRO



► Check out the Edmonton Boat and Sportsmen's Show at the Edmonton Expo Centre.

WIND STORES

CALGARY

Marlborough Mall

Westbrook Mall

1013 17th Ave SW

Kensington Village

NEW Chinook Centre

Southland Crossing

Deerfoot Mall

Market Mall

Sunridge Mall

EDMONTON

Londonderry Mall

Kingsway Mall

Edmonton City Centre W

West Edmonton Mall

BLOCKBUSTER® KIOSKS

CALGARY

Brentwood Plaza

62 Saddletowne Circle NE

EDMONTON

95th St & 167 Ave NW

104th St & 79 Ave NW

23rd Ave & 109th St NW

BLOCKBUSTER®

March into WIND this weekend. It's our Biggest Handset Sale Ever.

New handsets from \$29.
Fri. March 18 - Sun. March 20.



Buy One Get One
Buy a Nokia C7 \$350 FREE
\$120
\$350 Nokia C7
\$120 \$88 Individually Nokia 5230

Combo Pack
\$220 Together FOR \$108
\$120 \$88 Individually Nokia 5230
\$100 \$68 Individually Samsung Gravity™ 2

WINDTAB Offer
Save up to \$150 with WINDTAB™

Huawei U1250

Save up to \$150 with WINDTAB™

The Irrepressible 25 Plan: Unlimited talk + text. And no-term contract.

\$25/mo

- Unlimited Canada-wide calling
- Unlimited CA/US text + picture messaging
- Includes call control features

From any WIND Zone. Conditions apply. See [WINDmobile.ca](#) for complete details.

The Power of Conversation™



[WINDmobile.ca](#)

Conditions apply to the WINDTAB™ and all offers. Handsets available while quantities last. You may activate this plan for a limited time only and its availability is subject to change or cancellation without notice. This plan may be combined with the \$25 port-in credit. Handset sale prices are only valid with an activation of a plan of \$25/month or higher. All services subject to WIND's stated Terms of Service and are for personal use by an individual. Learn more at [WINDmobile.ca](#). WIND, WIND MOBILE, WINDTAB are trademarks of Wind Telecommunicazioni S.p.A. and are used under license in Canada by Globalive Wireless Management Corp. THE POWER OF CONVERSATION is a trademark of Globalive Wireless Management Corporation. © 2011 WIND Mobile. Nokia is a registered trademark of Nokia Corporation. © 2011 Nokia. All other trademarks are the property of their respective owners.



Scene in brief



CBC personality George Stroumboulopoulos is joining a roster of international stars using their fame to bring attention to world hunger. The late night TV host announced

Tuesday that he will serve as an ambassador against hunger for the United Nations World Food Program.

THE CANADIAN PRESS

The day when everyone is Irish

► St. Patrick's Day is here and Edmonton has plenty of good Irish pubs to celebrate at ► If you can't pick just one, why not go on a pub crawl?



► Get your green on. It's St. Patrick's Day!

BACKSTAGE PASS

JENNIFER LARAWAY
METRO EDMONTON



It's finally here ... St. Patrick's Day! Not only does this day have significant religious, cultural, and celebratory ties, it also marks a renewed hope that we will actually see a patio season in this city.

After months of hibernation, today is the unofficial

holiday where it's OK to get a little sloppy on a Thursday night, and if we have the luck of the Irish, we might even be able to partake in a few green beers while bar hopping without a jacket.

But before we get too ahead of ourselves, there are so many decisions to make: where to drink, how to get out of work early, and where to drink.

So, in a bit of a departure from the usual column format of profiling one venue, here's a snapshot of where you can get your green on.

There's the obvious Irish

hot spots O'Byrne's Irish Pub (10616 - 82 Ave.), Ceili's Irish Pub (10338 - 109 St.), The Druid Irish Pub (11606 Jasper Ave.) and Devaney's Irish Pub (9013 - 88 Ave.). All are putting on some serious parties but you better get there early or be prepared to slip the bouncer some green queens.

Then there's the option of getting on board a last minute pub crawl. Who doesn't love a mystery bar location? If you like randomness and spontaneity, then check out clubzone.com for their St. Patty's specials. For \$25,

they'll shuttle your drunkenness around, get you into four clubs with no line, no cover and even spot a pint at your first location.

If bar hopping isn't your style, expand those beer horizons and enjoy over 50 of the finest craft beers from around the world at Santa Maria Goretti Community Centre (11050 - 90 St.). Sample tickets are only a buck and all proceeds support the Rotary Club of Edmonton Urban Spirits at-risk youth projects. Admission is \$25 and tickets are available through edmontonbeerfestival.com.

It's time to brawl ... in the mall

No it's not an episode title from *My name is Earl*; *Brawl in the Mall* is one of Edmonton Event Centre's most highly anticipated events and it's taking place Friday night at 7 p.m.

Now in its fourth year, this event looks to find the King of the Cage by bringing together nearly two dozen of the best mixed-martial-arts fighters in North America.

For more information, head to Facebook and look up King of the Cage Canada or get your tickets from Edmonton Event Centre (780-489-7469).

● JENNIFER LARAWAY

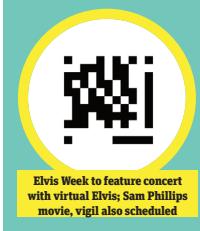
T-Pain is Edmonton, sans boat

He's been lighting up the music charts lately and now he's headed to Edmonton next Friday. For less than \$30, you can see T-Pain at the Edmonton Event Centre.

Not a bad deal considering this guy collaborated with a kind-of-a-big-deal artist named Kayne West and won a Grammy for the song *Good Life*. He did the same thing two years later, except this time he was teaming up with Jamie Foxx for the ghetto grinding song *Blame It*.

If you win your way in through The Bounce, you'll also be entered for a houseboat party draw that sees you and 20 of your closest friends chilling to these beats on a hot summer day in B.C. For more deets, check out thebounce.ca.

● JENNIFER LARAWAY



Elvis Week to feature concert with virtual Elvis; Sam Phillips movie, vigil also scheduled

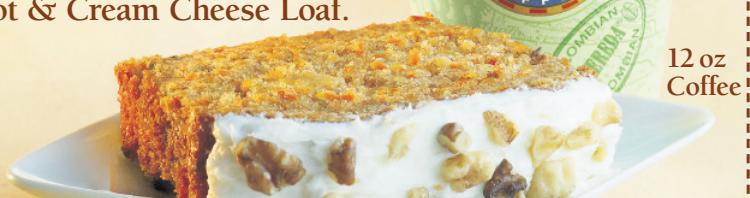


For a Limited Time Only.

At participating cafés only. While quantities last.
Not valid with any other offer. No cash value. No coupon necessary.

Discover a Slice of Paradise

Try it with our Carrot & Cream Cheese Loaf.



Limited
Time Offer

mobilicity.ca/EDMpromos

Unbeatable Value Plans

Plus get up to \$100 instant credit.*

Unlimited Wireless Plans. Fixed Monthly Rates.

~~\$40~~

\$25

per month

Local Calling

..... +

Text & Picture Messaging

..... +

Caller ID

..... +

VoiceMail • Call Waiting
Call Forwarding • 3-Way Calling

+

Province Wide Long Distance

+

BONUS

Unlimited Canadian
Long Distance

~~\$60~~

\$35

per month

Local Calling

..... +

Text & Picture Messaging

..... +

Caller ID

..... +

VoiceMail • Call Waiting
Call Forwarding • 3-Way Calling

+

North American Long Distance

..... +

Global Text Messaging

+

BONUS

Unlimited Data
Unlimited BlackBerry®
Internet Service

Switch to Mobilicity today.

*Based on up to \$100 credit derived from \$50 port-in credit (receive \$50 credit if existing phone number is ported and switched to Mobilicity) plus \$50 pre-authorized payment credit (receive \$50 credit if signed up with pre-authorized payment upon activation). Limited time offer. Offer valid only at participating locations listed and not applicable to multi-month activations. Restrictions may apply on combining offers with other offers or promotions and only applicable to new activations. Taxes are extra. Terms and conditions apply. Subject to change without notice. © 2011 Mobilicity. 'Mobilicity' and the Mobilicity logo are trademarks of Mobilicity. Other trademarks shown may be held by their respective owners. All rights reserved.

Mobilicity
Stores

13720 - 40 St NW
6015 - 104 St
10615 - 170 St
10730 - 97 St
6574 28 Ave
#7, Kingsway Mall
109 St & Princess Elizabeth Ave
#104A, 9949 - 137th Ave
#281, City Center Location
10248 - 99th St NW

**Mobilicity
In-Store
Kiosk @
Money Mart**

12959 - 97 St NW.
10756 Jasper Ave
9426 111th Ave
13014 50th St
10377 51 Ave
10024 82nd Ave

**Authorized
Dealers**

BCOM Computer Centre: 15830 - 118 Ave
BCOM Computer Centre: 3136 Parsons Rd
Cellular Toy Shoppe: 12528 - 132 Ave
Center Computer: 3873 - 99 St
Fix My Phone Inc.: 9729 - 118 Ave
Gigatech Systems Inc.: 10566 - 108 St
Hair Unlimited: #5, 10015 - 82 Ave
Sata Computer: #10, 8103 - 127 Avenue

mobilicity
mobilicity.ca

The Renovation Store: 12049 -127 St
Variety Dollar: 3427 - 118 Ave
Your Mobile: 11729 Jasper Ave

Life without limits

► As in his new movie, *Limitless*, actor and hunk Bradley Cooper is discovering just how far he can go



NED EHRBAR

SCENE@METRONEWS.CA

There have been rumors that Bradley Cooper scored five million dollars to star in the sequel to his breakout film, *The Hangover*, but you honestly wouldn't know it, given his fondness for freebies.

When we caught up with him while he was promoting his new film, *Limitless*, he was lounging on a couch in the Trump

Soho Hotel with a backpack by his feet. The logo on the bag looked familiar. We asked if it was from one of his other recent films.

"The A-Team? Yeah, I love it. It's the greatest. You wanna see it?" Cooper says, excitedly pulling it over so that we can take a look at the military grade sack with the logo from last year's summer blockbuster, in which Cooper also starred, emblazoned

on the front.

"All I wear is stuff from movies," he confesses of the free promotional items from major studio films like, well, almost every film he's been in lately.

This time Cooper is the leading man in *Limitless*, as a struggling writer who suddenly becomes a power player once he stumbles on a drug that allows him access to his brain's fullest potential.

The immediate success that the fictional drug, NZT, brings his character in the film to mirror Cooper's own fast shot to fame, though he did so without any kind of chemical aid. We had to ask: do the most famous actors and actresses become successful because they're truly the best at what they do?

"Isn't it like what Oprah said? Luck is opportunity meets preparation," Cooper says.

► Bradley Cooper is a struggling writer in *Limitless*.

The Scotiabank International Movie Lovers Contest

★ SCENE members could WIN
1 of 3 International trips for two
to Toronto, Utah or Venice!
★ OR, WIN 1 of 1,000 FREE movies.^{*}



Register today at **SCENE.CA!**
Contest ends March 20, 2011

You're richer
than you think.®



Registered trademarks of The Bank of Nova Scotia. ^{}VISA Int'l./Lic. user The Bank of Nova Scotia. [†] Registered trademark of SCENE IP LP, used under license. [‡] Cineplex Entertainment LP, used under license. [§] Cineplex Entertainment LP and Cineplex Odeon Inc. are in no way affiliated with the festival, the festival's promoters, sponsors, partners, or organizers. [¶] Grand Prize: 1 trip for 2 to the Toronto International Film Festival, the Venice International Film Festival, or the Sundance Film Festival. The Contest commences at 12:01 a.m. (ET) on January 31st, 2011 and ends at 11:59 p.m. (ET) on March 20, 2011. No purchase is necessary. To enter this Contest, members must register online at www.scene.ca/promofilmfest. To complete this registration, entrants must successfully answer a mathematical skill-testing question. There will be 3 Grand Prizes awarded each consisting of a trip for the winner and a guest to one of the locations below. The 1st grand prize is a trip for 2 to Venice in 2011 (ARV \$12,000 CDN). The 2nd grand prize is a trip for 2 to Utah in 2012 (ARV \$12,000 CDN). The 3rd grand prize is a trip for 2 to Toronto in 2011 (ARV \$12,000 CDN). Also, there are one thousand (1,000) Secondary Prizes consisting of 1000 SCENE points each (ARV of \$10 CDN). Chances of winning depend on the total number of eligible entries received during the Contest Period. The Contest for the Grand Prizes is open to all residents of Canada who have reached the age of majority by the end of the Contest Period. The Contest for the Secondary Prizes is open to all residents of Canada who have reached the age of 14 by the end of the Contest Period. Entrants can earn one (1) entry each time they use their SCENE membership card to earn or redeem points and two (2) entries for each time they make a qualifying purchase using a SCENE[™] ScotiaCard[®] or a Scotiabank SCENE[™] VISA[®] card. For full Contest details go to www.scene.ca/promofilmfest.

Ne-Yo blames album slump on being distracted

Ne-Yo's first three albums were Grammy Award-nominated, platinum successes. His latest effort, *Libra Scale*, could still be up for a Grammy next year, but it's miles away from reaching platinum status.

Since its November release, the disc has sold only 277,000 copies, according to Nielsen SoundScan, which tracks music sales. The CD's singles — *Beautiful Monster*, *Champagne Life* and *One In A Million* — failed to crack the Top 40.

Ne-Yo says when recording *Libra Scale*, he focused more on the music videos instead of dedicating time to the songs.

"It's just that I didn't get

to pay as much attention to the music as I normally would because I was so focused on the story line that the album is based off of," said Ne-Yo, who co-directed the video clips with Wayne Isham. "There was so much energy put into that, that when it came time to put the music together, you know, for one there wasn't as much time and for two there wasn't as much energy."

The 31-year-old hit songwriter says he's already begun work on a new album, to be released in September.

"I'm stepping back to where it's just about the music," he said. "I'm going

to let it be just about that, and you determine your own story from there."

Ne-Yo appears in the alien invasion sci-fi film *Battle: Los Angeles*, which hit No. 1 at the box office over weekend with a \$35.6 million debut. He filmed the movie over the summer, when he also was working on *Libra Scale*.

"You know I was kind of back and forth with (both projects)," he said. "It's almost impossible to take the amount of focus to shoot a film like this and the amount of focus it takes to put an album together and do them at the same time. ... I won't say that was why the *Libra Scale* album

didn't do as well as I expected it to, but I will say it had a lot to do with me not being able to pay as much attention to the process of putting together the *Libra Scale* album."

Ne-Yo said he was mainly attracted to the role in *Battle: LA*, about a Marine platoon fighting aliens intent on colonizing Earth, because it didn't require him to use his musical talents. But that didn't come without challenges.

"The cool thing about a lot of the actors is that everybody kind of wanted to do their own stunts," said Ne-Yo, who plays Cpl. Kevin Harris in the movie.

THE ASSOCIATED PRESS



► Ne-Yo says his next album will be more focussed.

Selena Gomez: Not easy dating Bieber

Selena Gomez admits that dating Justin Bieber can be difficult, thanks to his overzealous fans and their tendency to lash out online.

"It's hard," she says during an interview with radio station Z100 in New York.

"It does hurt my feelings a lot, but I try not to focus on it."

But at least Gomez understands where they're coming from, having been there herself.

"I will say that I agree with them sometimes," she says. "I loved Jessie McCartney. I was obsessed with him. He dated Katie Cassidy when he was 16 or 17. I hated her — absolutely hated her. I was mortified that he was with Katie and I wanted to be with him. He was my screen saver!"

• METRO



► Selena Gomez

Wedding date soon for Reese

- Plans to wed fiancé Jim Toth at her California ranch
- Ceremony is planned for next week

Reese Witherspoon is reportedly hard at work putting the finishing touches on a private wedding for herself and fiancé Jim Toth, according to Radar Online.

And it's happening soon. The secret ceremony, which will be held on her Ojai, Calif., ranch, is reportedly set for March 26. "Candles and flowers will be everywhere, in white and pastels, for an intimate feeling," sources say of the planned event. Witherspoon and Toth will tie the knot in front of about 100 guests, sources say.

• METRO



► Reese Witherspoon

Katie Perry's mom plans to write tell-all memoir

Katy Perry's mom, Mary Hudson, is writing a tell-all book detailing how her daughter's fame has impacted her life, according to the New York Post.

"This memoir is her story, in her own words. Mary and Keith Hudson have been Christian Evangelists long before the world ever heard of Katy Perry," a source ex-

plains.

"Amid a torrent of negative reports from magazines and entertainment shows, Mary Hudson wants to tell 'her story' and dispel a lot of rumours.

"Katy's success has impacted her ministry in both negative and positive ways."

• METRO



► 015_Photo Caption XXXX



Adventure!

Teach English Overseas

- > TESOL Certified in 5 Days
- > In-Class or Online
- > No Degree Required!

1.888.270.2941

Job Guaranteed!

Next in-class course: April 27th - May 1st
Next Seminar: March 29th @ 7pm

Travelodge Edm South, 10320 - 45 Ave

www.globaltesol.com



Apartment Finder

To advertise contact Andrew Horton at 780-701-0347



WELCOME HOME TO GARNEAU TOWERS



Upgraded common areas, hallways and huge apartments at an affordable price in a convenient location!
Garneau Towers-8510 111th Street located 2 blocks southeast of Hub and the University

www.caprent.com rentals@capreit.net **780-432-1894**

Celebrity tweets



Elizabeth Banks
[@Elizabeth Banks]

I just crossed three lanes of traffic because I spotted some girl scouts and I've been dying for Samoas. Got em!



Patton Oswalt
[@patton oswalt]

I've asked for so many packs of Saltines from this bartender I'm amazed he hasn't called the Hobo Police.



Jessica Alba
[@jessicaalba]

heading back to the big apple 4 a quick trip. need a late night restaurant suggestion. got any?



Bob Saget
[@bob saget]

Having lunch with my mother. She had the chicken salad. And this is the story of how I fed my mother...

• METRO



► Robert Pattinson

Pattinson stays on the move

Robert Pattinson has been raking in the dough for his work in the Twilight franchise, but he still hasn't been able to settle down.

"I'm afraid of buying a house or anything because if there's one paparazzo outside for one day, then they'll never leave," he tells Vanity Fair.

"The best way to deal with it is to move around all the time." Of course, Pattinson has to deal with

stalkers as well as photographers.

"It is weird. You have to wonder — what do they want? I can't really understand it even now," he says of his more obsessed fans. "It does have an angle, which is attached to something quite primal in girls. I guess people want it to define them, like, 'I'm a Twilight fan.' That's crazy to me."

• METRO

Service Directory

To advertise call 780-702-0592

FINANCIAL

MoneyProvider.com

\$500 Loan

Fast, easy and secure

No credit refused

www.moneyprovider.com

1-877-776-1660

PSYCHIC

Mr. Sekouba

Spiritual Medium, Healer, Specializing in Solving your emotional problems, remove negativity reunite with loved ones, success in business, total protection against unknown forces etc. Effective Results.

Call: 780.244.3435

FINANCIAL

NEED MONEY?

✓ No credit checks
✓ Fast approvals

call 499-5629

And get cash now!!

www.mynextpay.com

Give to a friend at no extra cost.

metro

News worth sharing.

3 life

Most bizarre


Doing the chicken dance

Coco Rocha inexplicably walked the Moschino runway with a chicken on her head.



Jimmy Choo builds its brand on the look and life of co-founder Tamara Mellon

65% OFF

TOP 8 LOOKS OF

► Four weeks of runway shows across four fashion capitals are finally behind us


PRADA'S pretty, lady-like looks

1 Miuccia Prada's autumn collection had a '60s-flavoured, lady-like prettiness to it that made an interesting contrast to the bold, in-your-face work she showed last season (the banana print and striped skirts you're seeing all over the magazines right now). Simple dresses with large, round gold buttons segued into printed belted versions with brightly coloured grids followed by a quirky pretty series of frocks embellished with sheer, pastel-coloured paillettes that are sure to be a retail hit.

MARC JACOBS'S trippy dots

2 Are polka dots the new stripes? The always directional Marc Jacobs took a stiff right turn away from the easy, floaty wind-machine dresses he showed last season. His new collection was about more structured looks in futuristic silhouettes with loads of circle-shaped sequins, paillettes and latex appliqués. That means you can pretty much guarantee that the season's trend for shiny, shimmery looks will be fairly huge next fall.

JASON WU'S cool take on embellishments and tailoring

3 Autumn/winter 2011 is going to be all about the details, from the crystal embroidery on an otherwise modest blouse to a strip of lace running down the sleeves of a coat to the floral appliqués on a simple, body-sculpting dress. Jason Wu's collection, which had all three, was one of the best examples of this trend. His clothes also fell right in line with the mannish tailoring trend, which will also be huge for fall.

ALEXANDER WANG'S tough and sporty sweater dresses

4 If last season was a shaky departure from the trademark, much loved look he calls Models Off Duty, this collection was a return to his usual too-cool-for-school form. The show had all of the Wangisms we've grown to love. His trademark tough and sporty sensibility was in full effect. But there was a more mature, sophistication to the clothes too.

FENDI'S plays on texture

5 Karl Lagerfeld's collection with its subtle sense of English countryside chic was one of the best of Milan Fashion Week. And his play on texture, mixing ribbed knits with tweed, fur and wool, can be recreated with items from your own wardrobe. Things to lust after from this collection included his shaggy patchwork coats in fox, lamb and chinchilla (some of the best furs shown all season), his trapeze shaped jackets, ribbed skirts and tights, and blouses with ruffled flourishes at the neckline — basically, everything.

WagJag.com Deal of the Day

\$325 for 6 One-Hour Mesoslim Skin Treatments to Reduce Wrinkles and Cellulite at Studio J Urban Spa (A \$930 Value)

BUY TODAY



STUDIO J
urban-spa

www.WagJag.com

FW 2011

► We list the eight memorable looks



CHRISTOPHER KANE'S
plastic dresses

6 Designers often look for new and interesting ways to experiment with textiles. Christopher Kane pushed boundaries by creating leather tops dyed and printed to mimic the crochet knit skirts and cardigans they were worn with. But the real standouts were his dresses and clutch purses made out of plastic filled with squishy technicolor liquid, like the toys you played with as a kid. He also used plastic as a decorative accent on tailored trousers and knit dresses.



GIVENCHY'S
leggy skirts

7 Riccardo Tisci, who sits at the top of the list of designers rumored to replace John Galliano at Christian Dior, showed a seductive collection centered around the Fifties pin-up girl. But instead of taking the literal approach and showing skin-tight bustier dresses, he created leggy skirts with transparent panels that revealed a flash of thigh. It was the smart girl's version of sexy dressing. Louis Vuitton created a similar look, honing in on the balsas vixen. They looked like they had walked right out of an erotic B-movie.



CELINE'S
real-life friendly furs

8 Phoebe Philo pushed her minimalist theme forward with a clever mix of texture and fabrics. The best example of this came with her trim leather jackets layered over longer fur coats. It made for a slim, sleek look that would work well in real-life. We've seen a lot of dramatic looking animal skins this month but Philo's idea seemed like one of the freshest and most realistic ways of wearing it. Because how many of the season's massive furs would work on your morning commute?

Most awkward front row sighting

Alicia Keys looking unusually stiff, sitting straight as a board, beside Anna Wintour at the Alexander Wang show.

The Supers return

Marc Jacobs wins the prize for starriest catwalk with Kate Moss, Naomi Campbell, Carolyn Murphy, Carmen Kass and Karolina Kurkova all walking the runway for his Louis Vuitton show.

IF CLOTHES COULD SING

The music always sets the tone for the clothes. We've rounded up some of the most memorable songs we heard at the shows. Pop these in your iPod and pretend you're at the shows.

- Christopher Kane - Reviewing the Situation, by Sandie Shaw
- Michael Kors - Native New Yorker, by Odyssey
- Vivienne Westwood - Venetiquizzing, by Fujiya, Miyagi
- Burberry Prorsum - You Don't Own Me, Dusty Springfield
- Chloé - Love Without A Limit, Mary J. Blige

Inescapable Adele

Fashion loves Adele! Her single, Rolling in the Deep, played at Cynthia Rowley, Costello Tagliapietra and Charlotte Ronson in New York. And her voice surfaced again at Burberry Prorsum in London — this time it was the song Someone Like You.



Long Distance

Lowest Long Distance Rates!

No Matter Where you Call,
No Matter What Rate you Pay,
We'll beat it... Guaranteed!

NEW LOW RATE

INDIA

1¢
/MIN



Calling India at only 1 cent per minute. (Land and mobile included).

\$ 10/month = 1000 Minutes per Month = **1¢**

UNLIMITED

CANADA \$5



Unlimited calling anywhere in Canada. Even on your Home or Cell Phone.

Make Long Distance and OverSeas Calls From your Home or Cell Phone



from

3.9¢/min

Bangladesh

from

5.9¢/min

Iran

from

1.9¢/min

Romania

from

7.9¢/min

Ukraine

from

1.9¢/min

South Korea

from

9.9¢/min

Sri Lanka

from

4.9¢/min

Trinidad

from

14.9¢/min

U.A.E.

from

2.9¢/min

U.K.

from

4.9¢/min

Vietnam

from

7.9¢/min

Serbia

If the country you call is not on this list or our advertised rates are higher than what you are currently paying... that's no problem. Call today and we'll beat what you're paying with your current provider... GUARANTEED!

780-665-1818
comwave®

www.comwave.ca

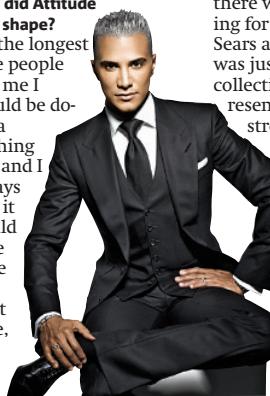
While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. Rate guarantee is based on competitors lowest advertised rate for like services. Comwave will not rate match against charity or internet services, bundled minute plans or prepaid calling cards due to their inaccurate billing criteria. The India 1000 Bundle carries a monthly fee of \$2.95. Bundles cannot be shared by more than one line. Unused minutes from one month do not carry over to the next month. Minutes in excess of 1000 minutes will be billed at our lowest rate guaranteed. Calls to Overseas Mobile Phones may be billed at a higher rate. Terms and conditions apply, see www.comwave.net for details.

Meet Mr. Jay, with Attitude


How did Attitude take shape?

For the longest time people told me I should be doing a clothing line and I always said it would have to be the right time, the right place, the right retailer. Sears Canada came to me and it felt like the right fit. Honestly, there was a nostalgic feeling for me – shopping at Sears as a kid. For me it was just creating a first collection that represented strength, while still being feminine.

Describe the woman who will



These boots are made for clubs

► Woman's creation a safe, stylish and comfortable way of keeping your valuables – without bulging pockets

A Calgary woman who says she hates going out on the town with a purse has designed her own line of fashionable boots with interior pockets that can hold a cell, credit cards and keys.

"I lose things so I used to keep a lot of stuff stuffed in my boots. But the problem with that is if somebody gave me change it all ended up in the bottom of my foot," explains Elizabeth LeGear.

"I tried to find boots with pockets and figured they must have existed. I looked everywhere, but couldn't find anything."

So LeGear, a 26-year-old owner of an accounting

business in Calgary, set out to find if anyone had patented boots with pockets. The closest thing she says she found was a running shoe with a pocket in the tongue for a key.

Last month, she unveiled a boot she hopes will have women beating a path to her door. Or at least to the Elizabeth Anne Shoes website, which is where she's selling her Purse 'n Boots.

The boots aren't cheap - \$289. They also aren't available in stores, yet, but customers who order a pair don't have to worry if they don't fit. Elizabeth Anne Shoes will send a courier to pick them up and will re-

love your line?

Somebody who wants to look fashionable and stylish. There are those trendy pieces that you know are

just going to last one season. For the most part I wanted to create that classic style with a little bit of a different perspective on



Summerside-Community.com

► Top Model's Jay Manuel is pairing with Sears to create his debut womenswear collection Attitude

► He dishes about the brand, his nerves and his bold return home to the north

it.

Many celebrities who lend their name to a line merely endorse it. Because you're taking on such a role in the design and fabrication of Attitude, are you nervous with LG Fashion Week on its way?

I wasn't nervous until very recently. I had already started designing the set – I'll let you know there

are going to be some surprises at the show, some familiar faces – and of course when I cast girls I'm looking for girls with really strong walks. I was fine with the process because I've done it so many times for so many designers and for Fashion Week in New York. But then when I came here and realized we were starting this process and people are telling me, 'Oh this or this person is going to be there,' that's when the nerves hit. But I have total confidence that the pieces are great.

You've travelled across the world. What do you miss most about Canada when you're away?

My parents are still in Toronto. It's almost that feeling of family that I feel here. It's more of a supportive community. I think it's really good to have been out in the world of fashion for 19 years and doing what I do and to have been all over the world because it toughens you up.

But when you come back to a place like this where you're showing your collection, it's a place of nostalgia, as if you're a kid. When you come here it's an abrupt change and you can't help thinking This is real in a very different way.



► You'll have a leg up on your lady friends with these boots that stash your cell, your cards and your money.

Say goodbye to 'nail pops'

► Don't blame the construction, as these things happen and they're not that hard to fix

DIY IDEAS

JIM CARUK
HOME@METRONEWS.CA



Did you buy a newly-constructed home about a year ago and are just now noticing ugly "nail pops"? They probably weren't there when you moved in. And they are not (usually) a symptom of shoddy construction.

It's just that all newly-

built houses go through a settling process. That's when these things appear.

What to do?

You can call your builder, sure. They may come and repair those suckers for you. But they don't legally have to. Because under Ontario's New Home Warranty Program, ordinary nail pops are not covered. So do you have to hire an expensive drywall guy to fix them?

No, you can fix them yourselves. Here's how.

First, locate all your nail pops by shining a lamp at an angle to the wall. Start



► If you need some help with drywall, head to biyworkshops.com.

by screwing in a new drywall screw adjacent to the popped one.

Make sure you screw it in until it bends — but does not break — the sur-

face of the wall.

Then use a nail set or a heavy-duty nail to hammer the offending screw back below the surface. Now apply some pre-mixed dry-

wall compound with a six-inch drywall knife. Scrape it flat. Sand it with fine-grit sandpaper and repeat. On the final sanding, try to get everything as smooth as possible.

Now you're ready to paint. With luck, you asked the builder for the exact colour code of the paint. Or if you were really smart, you asked the builder, when you moved in, to leave you with a little bit of that exact paint.

If that didn't happen (it probably didn't), at least know the paint chip code.

You may not get a per-

fect match unless you repaint the whole wall, but it will still look better than that unsightly nail pop.

To get professional instruction on everything to do with drywall, sign up for our Drywall Essentials course at biyworkshops.com. We'll give you insider tips on creating a perfect, paint-ready finish for every wall you build or repair.

JIM CARUK, HGTV HOST, HAS BEEN A RENOVATION CONTRACTOR FOR MORE THAN 30 YEARS. HE IS THE FOUNDER OF BUILD IT YOURSELF LEARNING CENTERS WHICH TEACHES HOMEMAKERS HOW TO COMPLETE THEIR OWN REPAIRS AND RENOVATIONS (BIYWORKSHOPS.COM).

The dream is alive and it's living in Leduc

It's actually do-able. For the same money, you'll get a nicer house on a better lot, in a finer neighborhood, in an altogether more livable city.

It's the perfect place to put down roots and grow a family. The air is cleaner and the streets safer, and everything you need is nearby, all the amenities you could ever hope for: from shopping to schools, to restaurants, to playgrounds, to rec centers, to hospitals, to you name it.

It's all here, less than 15 minutes from Edmonton.



GREENBORD HOMES **WINDROSE** **Encore** **MELCOR** DEVELOPMENTS LTD. **INNOVATIONS** by Jayman

CITY OF Leduc BuildwithusLeduc.com

Be sure to focus on the practical before the pretty

Turning your basement into a cosy home theatre or your bathroom into a mini-spa oasis is the stuff renovation dreams are made of. Replacing roofs and side paneling? Not so much.

Some homeowners may find it difficult to forgo transforming part of their dwelling into a space befitting their renovation fantasies.

But take it from Kristi Hansen, who has forged a career taking on virtually every renovation project imaginable: it's best to put cosmetic changes on the back burner rather than ignore other areas in dire need of repair.

However, given the choice, people often opt to do the opposite.

"It's patchwork-quilt renovating, and it's also desperately seeking out a zone to love because you're surrounded by this house that you're not loving," she said by phone from Vancouver.

Act quick

► Hansen said people are often terrified at the prospect of reno and repair costs, and scared to have someone come in to take a look because of concerns the quote will exceed their budget. Meanwhile, every year that ticks by, things get "exponentially worse."

► If individuals acted when the problem in question was minor, they would probably have the budget now for the "pretty stuff," she noted. But perceived costs of fixing areas in immediate need of repair often lead people to put the blinders on rather than face the facts.

Hansen has notched nearly two decades of experience under her tool belt as a tradesman, plumber, Class B gas fitter and men-

tor.

She opened her plumbing and renovation company, Vancouver-based Pretty Plumbing Co., in 2004, which she shuttered after the birth of her first son, Alastair, to focus on her family.

Now a mother of two, the 38-year-old is in the process of restarting her business.

In the meantime, she can be seen on the small screen doling out advice

and sharing her know-how on Homewreckers, which premieres Tuesday, March 22 at 8:30 p.m. ET on W Network. During the series, which is filmed in locations throughout B.C.'s Lower Mainland, Hansen said she

pair.

The debut episode features what can be described as a classic case of the "patchwork quilt"reno.

Candice and Guy have invested thousands of dollars — and a year of Guy's time — creating a gorgeous, state-of-the-art kitchen. But as Hansen tours the home, her inspection spots areas that are far from pretty, from mould in the bathroom to a dilapidated deck.

"Of course everyone wants the sexy things fixed and looking great — Yeah, look at my kitchen! But what about the structural integrity of your home?" she said.

"What about your cracked foundation? What about the fact that your deck that had a tiny scratch in it that you've let go for so many years has now rotted out a main structural beam in your house?"

THE CANADIAN PRESS



► Kristi Hansen is sharing her reno know-how on the new W Network series Homewreckers.

TD Canada Trust

You see it. You love it.
Time for mortgage advice.



**Mortgage
advice
Whenever
Wherever**

**With longer branch hours and Mobile Mortgage Specialists that come to you,
our mortgage advice is more convenient than ever.**

At TD Canada Trust, we would like to add to the excitement of buying your first home, not the stress. So when it's time to discuss your mortgage options, you can meet with one of our in-branch mortgage representatives early 'til late, or even on Sunday at over 300 of our branches. You can also have one of our Mobile Mortgage Specialists come to you days, evenings or weekends—even outside our branch hours. Just tell us the "where" and "when" that works for you, and we'll help you understand the "how". It's just another way we're making banking more comfortable.

**Mortgage advice. Now even on Sunday, at over 300 of our branches.
Or anytime from our Mobile Mortgage Specialists.
Call 1-888-660-5965 or visit www.tdcandatrust.com/home**



Banking can be this comfortable



AXXESS
CONDOMINIUMS

at Terwillegar Towne.

**BRAND NEW CONDOS
STARTING AT ONLY
\$159,000**

**LAST CHANCE TO GET IN BEFORE
THE NEW MORTGAGE RULES
COME INTO EFFECT MARCH 18!**

Get in Now While You Still Can!

- 6 appliances, private gym
- Immediate Possession
- Cheaper than Rent
- Over 80% sold – Don't miss out!
- Bring this ad in for a complimentary gift



Edmonton's hottest new address
IMMEDIATE POSSESSION

in Edmonton's hottest new neighbourhood.



26 metrohome

The right tools

Taking on a home project, like a bathroom remodel, can be exhilarating, exciting and just plain fun.

But let's be honest, it can be stressful and overwhelming too. Choosing where to start, what to change, and what tiles, faucets, accessories and everything else will look best is time consuming and difficult.

But have no fear. There are plenty of free tools out there to help you choose the right items for your home and your lifestyle.

Here are a few of the tools that will become invaluable when starting your next remodel.

Blogs

Did you know there's a whole world of home décor and design blogs out there?

They can be incredible sources of inspiration and generally feature beautiful, large photos of finished spaces, new design techniques and products and the latest and greatest of everything to do with home décor and remodeling.

Here are a few of our

favourite blogs that also happen to include before and after shots of some great bathroom renovations: younghouselove.com; centsationalgirl.com; beigeisdead.com; ramblin-grenovators.blogspot.com; aubreyandlindsay.blogspot.com.

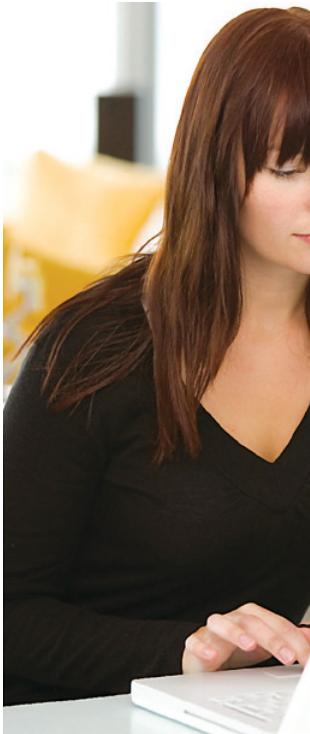
Product websites

Who better to ask about product options than the people that created them? Many manufacturers have portions of their websites dedicated to helping you choose the product that's right for you.

When undergoing a bathroom renovation, choosing the right custom shower can be daunting. Delta Faucet has created a free online tool that walks you through the process, step by step, to ensure you are making informed, correct decisions.

Because when it comes to plumbing behind the wall, they want to make sure your project is error free.

NEWS CANADA



VALENTINES DAY IS OVER... BUT WE STILL LOVE YOU!



Upgrade your kitchen and flooring, add a bonus room, include landscaping and a deck, or discount your price.
The choice is yours!

GREENBORO
HOMES

greenborohomes.com



*Greenboro Homes,
where your home
loves you back!*

ASPEN TRAILS
7303 Essex Road, Sherwood Park
780.702.6194

LAUREL
3210 - 22 A Avenue, Edmonton
780.399.8040

TRIBUTE
97 Dunlop Wynd, Leduc
780.702.6197

WALKER LAKES STATION
6143 - 11 Avenue, Edmonton
780.916.9003

SOUTHFORT RIDGE
13 Ridgeland Way, Ft. Saskatchewan
780.702.6196

Some conditions apply, see showhome for details.

make renos cool



MONTORIO HOMES LTD. montorio.ca
WHERE CUSTOMIZATION IS A GOOD WORD

2011 Awards of EXCELLENCE in HOUSING FINALIST

VISIT ONE OF OUR CUSTOM SHOW ROOMS

UPPER WINDERMERE
2110 Warry Way | SW Edmonton
780.430.0644

TRUMPETER AT BIG LAKE
12904 - 201 Street | NW Edmonton
(ESTATE) 780.249.7643

COLONIALE ESTATES
53 Rue Bouchard | Beaumont
780.929.0495



NOW SELLING!
House, Lot & G.S.T. starting from the \$290's!



An Affordable Home can be your reality at Callaghan South.

DUPLEX

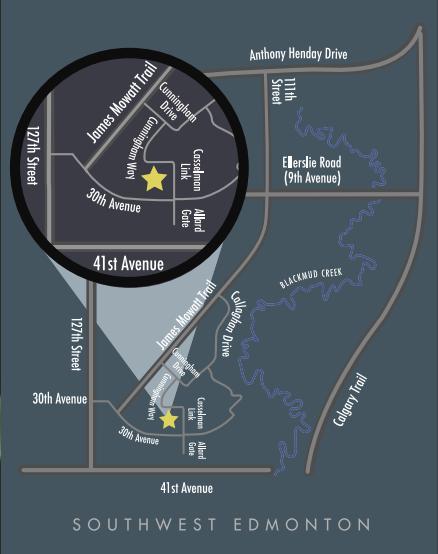
Landmark Communities	780.702.8360
Rohit Communities	780.906.9808
S2 Squared by Sterling Homes	780.756.2970

SMALL SINGLE FAMILY ATTACHED GARAGE

Innovations by Jayman	780.994.7766
Simply Sterling	780.756.2970

Callaghan
SOUTH
HERITAGE VALLEY

www.callaghan-edmonton.com



A cleaning tool for every job

Spring is the time of year when homes often get a thorough cleaning. Using the right tools, techniques and products for different surfaces and types of dirt, from windows to counters to floors, is key to doing the job easily and effectively, said Debra Johnson, training manager for the Merry Maids housecleaning company in Memphis, Tenn.

"It makes the job easier if you have the right products," she said.

Begin with the rooms or areas that seem the dirtiest, suggested Carolyn Forte, director of the Home Appliances and Cleaning Lab at the Good Housekeeping Research Institute.

Johnson and Forte offered the following advice for effective spring cleaning.

Windows

Use an ammonia-based cleaner and microfibre cloth, Forte said. Make sure to use plenty of cleaner to remove the dirt. Change the water and

"Start with the thing that bothers you most."

DEBRA JOHNSON, MANAGER AT MERRY MAIDS

cloth as necessary. Avoid washing windows on sunny days because the cleaner will dry too quickly and leave streaks.

Window blinds

Close plastic blinds and wipe with a damp cloth, Johnson said. Reverse the slats and clean the other side of the blinds with a clean, damp cloth. Use a tool designed for blind cleaning to clean between the slats. For cloth blinds, use a vacuum attachment.

Wood floors

Wash floors with a cleaner designed for wood surfaces, Forte said. Choose the cleaner that's appropriate for the finish on the floor, either wax or polyurethane. She favours using a microfibre cloth



► You won't leave streaks with the right cloth.

on a mop with a swivel head.

Laminate floors

Since laminate is a very durable surface, it can be cleaned with a variety of cleaning products, hot water and a mop or microfibre cloth, Johnson said.

Rugs

Send area rugs that cannot go in a washing machine to a professional cleaner to avoid discolouring or dam-

aging them, recommended Johnson. Set smaller rugs outside for a good airing, she added. When vacuuming a rug located in a doorway or other high-traffic area, turn the rug over and run the sweeper on the underside of the rug, Forte said.

Dust

Work from the top down to avoid dirtying areas that were just cleaned, Johnson said.

Use a vacuum attachment to remove cobwebs and dust in corners. The vacuum also is a good way to remove dust from lampshades and upholstered surfaces.

Wipe furniture with a damp cloth because dust can scratch wood surfaces, Forte said. She suggests spraying a microfibre cloth with furniture polish.

Tile

Spray a foaming bathroom cleaner on tiled surfaces and leave it on for a few minutes. Remove the cleaner with a clean rag or sponge. If the grout has mildew, use a product designed to remove it. It may take several applications and a lot of scrubbing with a grout brush.

THE ASSOCIATED PRESS

Clean sheen

► **Clean dry to wet.** Always sweep a floor before mopping. Wetting dirt will make it harder to remove.

► **More is not always better.** Follow the labels on cleaning products to avoid using too much. Residue from cleaning products can attract more dirt.

► **When trying to remove a spot or clean a dirty area,** start wiping or scrubbing gently. Too much pressure can damage the surface under the dirt.

► **Get extra life** out of a clean cloth by folding it in quar-

ters. When one side becomes dirty, refold the cloth to reveal a clean side.

► **Purchase doormats** for the interior and exterior of your home. The mats will collect and absorb dirt and prevent it from being spread indoors.

► **Cleaning equipment** should be washed regularly. Put sponges in the dishwasher or microwave to sterilize. Wash microfibre rags in hot water without fabric softener. Clean brooms and scrub brushes in soapy water or hydrogen peroxide.

URBANE
BY COTTSWOOD INTERIORS

PREMIUM ECONOMY

Event

SEAT SALE

URBANE
BY COTTSWOOD INTERIORS

chair and

PREMIUM ECONOMY

Event

SEAT SALE

Every fabric and leather sofa, chair and sectional is on sale now. Hurry and book your seat...sale ends soon.

Class

Premium Economy

Phone No.

780 440 2501

Sale Closes

April 30, 2011

3805 99th St. Edmonton AB www.Cottswod.com

URBANE
BY COTTSWOOD INTERIORS



URBANE
BY COTTSWOOD INTERIORS



PREMIUM ECONOMY

St. Patty's Day – it's about more than just the beer

► Irish cuisine, such as hearty stew and potato pancakes, steals the spotlight

DINNER EXPRESS

EMILY RICHARDS

FOOD@METRONEWS.CA



This traditional Irish stew, packed with potatoes and lamb, gets thrown into the slow cooker for easy preparation.

Look for cheaper cuts of lamb for stews like shanks and shoulder or leg chops that are meaty as well as very flavourful.

Preparation:

1 Sprinkle both sides of lamb chops with half of the salt and pepper. Brown lamb all over, in batches, in skillet over medium high heat. Place in slow cooker. Add water to skillet and bring to boil scraping up brown bits. Pour liquid into slow cooker.

2 Return skillet to medium heat and cook onions, carrots, parsley, thyme and remaining salt and pepper for about 8 minutes or until beginning to turn golden. Scrape into slow cooker. Add stock and potatoes. Cover and cook on Low for 8 hours or until lamb is tender and easily pulled from the bone.

3 In bowl, mash together butter and flour until combined. Uncover

Ingredients:

- 3 lbs (1.5 kg) lamb leg or shoulder chops or lamb shanks
- 1 tsp (5 mL) salt
- 1/2 tsp (2 mL) pepper
- 1/2 cup (125 mL) water
- 3 onions, chopped
- 2 large carrots, chopped
- 2 tbsp (25 mL) chopped fresh Italian parsley
- 1 tbsp (15 mL) dry thyme pr savory
- 2 cups (500 mL) beef or chicken stock
- 2 1/2 lbs (1.25 kg) Ontario potatoes, peeled and cubed
- 2 tbsp (25 mL) butter
- 2 tbsp (25 mL) all purpose flour



Join us at NorQuest College to learn about our exciting health career programs

MARCH 22, 2011

STARTS AT 6 PM

PRACTICAL NURSE

HEALTH CARE AIDE

PHARMACY TECHNICIAN

HOSPITAL UNIT CLERK

MENTAL HEALTH REHABILITATION

PHYSICAL THERAPY ASSISTANT

THERAPEUTIC RECREATION

Get answers on the careers, funding options, prep programs and more. Come early and tour our state-of-the-art simulation lab!

EDMONTON DOWNTOWN CAMPUS
Health Education Centre – 106 Street
10232 – 106 Street

APPLY AT THE INFO NIGHT
AND SAVE 50% ON THE
APPLICATION FEE

For more information call 780-644-5927 www.norquest.ca

cooker; stir butter mixture into stew and cook on high for 20 minutes.

ONTARIOPOTATOES.CA
EMILY RICHARDS IS A PROFESSIONAL HOME ECONOMIST,
COOKBOOK AUTHOR AND TV
CELEBRITY CHEF. FOR MORE
ON EMILY, VISIT
EMILYRICHARDSCOOKS.CA



► Lamb and potatoes are the stars of this Irish stew.



► Make 16 potato pancakes with this recipe.

When the people of Dublin, Ireland elected their first Jewish mayor, Robert Briscoe in 1956, baseball legend Yogi Berra allegedly exclaimed, "Only in America!"

This St. Patrick's Day recipe for corned beef and potato pancakes with pickled cabbage creme fraiche was created in that same spirit.

Potato latkes, traditionally served at Hanukkah, are the inspiration for these crispy potato and onion patties.

But in this version, flavourful shreds of corned beef along with a pickled cabbage topping are added as a tribute to Ireland.

Be sure to use pre-shredded hash brown potatoes, which can be found in either the produce or dairy section of most grocers.

These are much drier than freshly grated potatoes and will ensure crispy results that hold together well in the frying pan.

If you can't find those, you can peel and shred your own russets.

But before cooking them, roll the shreds up in a clean dish towel, then squeeze out as much moisture as possible.

Preparation:

1 In a medium bowl, stir together pickled or sweet and sour cabbage and creme fraiche. Transfer to serving bowl and set aside.

2 In a small bowl, whisk together flour, salt, pepper and baking powder. Set aside.

3 In a large bowl, combine potatoes, onion, corned beef, egg whites and reserved flour mix. Mix well to make a batter that is loose but holds together well, adding flour if necessary.

4 In a skillet over medium-high, heat 1 cm (1/2 inch) of oil.

5 Working in batches and using about 50 ml (1/4 cup) of batter per pancake, drop into oil, leaving several centimetres between pancakes. Flatten slightly with the back of spatula. Fry, turning once, until browned, 2 to 3 minutes per side. Remove to a paper-towel lined platter. Serve immediately with pickled cabbage creme fraiche.

THE ASSOCIATED PRESS

- 1 ml (1/4 tsp) baking powder
- 1 l (4 cups) fresh shredded potatoes or thawed frozen shredded potatoes
- 250 ml (1 cup) finely chopped sweet onion
- 150 g (1/3 lb) thinly sliced corned beef
- 3 egg whites, whisked until frothy
- Peanut or vegetable oil, for frying

4

sports

Oilers preview

Coyotes at Oilers, 7 p.m.
TV: SNET-W
Radio: 630 CHED



Phoenix (37-23-11) has won three straight. The Coyotes have also earned at least one point in five consecutive games. They have also won their last two games when visiting Rexall Place.



Edmonton (23-38-9) is essentially playing the spoiler now. Not only are the Oilers last overall in the NHL, but they're the only team in the league to mathematically be eliminated from playoff contention.

THE CANADIAN PRESS

Big league adjustment

► Young Jays pitcher Drabek still getting used to the pressures of the majors ► Cooper, Encarnacion hit homers as Jays beat Pirates



► Kyle Drabek throws during a spring training game against the Pittsburgh Pirates yesterday.

Toronto Blue Jays right-hander Kyle Drabek has the stuff to pitch in the majors. It's his demeanour that needs fine-tuning.

"One of the main things I'm working on in spring training is trying to stay calm on the mound and not show anything to the hitters," Drabek said yesterday after Toronto beat the Pittsburgh Pirates 5-3.

"I'm real competitive. When I was younger, it showed on the mound. People were saying I needed to slow down a little bit. Even my dad told me that. It's something that's got to happen."

5 **3**

BLUE JAYS PIRATES

Drabek's father, Doug Drabek, was the National League Cy Young winner in 1990 while pitching for the Pittsburgh Pirates.

"I talk to my dad a lot, especially after every game," Drabek said. "He'll either get (the game) info from my mom or see it on the computer, then call me and we'll talk about

what went on in the game."

The 23-year-old Drabek pitched five innings and gave up two runs on seven hits. He walked one and struck out two.

Neil Walker hit a solo homer off Drabek in the first inning. Garrett Jones had a two-out, RBI single in the fourth.

"My arm has felt great this spring," Drabek said.

"It's a success so far."

"Hopefully, it continues."

Drabek, a former first-round draft pick, made his big league debut last season. In three starts, he

went 0-3 with a 4.76 ERA. This spring, he is in good position to lock up a spot in Toronto's young, revamped starting rotation.

"I knew what I was coming into," Drabek said. "When I got out there, it's just me and the catcher. It's baseball. That's what I try to think about, no off-field things or anything like that when I'm on the mound."

Pirates starter Paul Maholm worked five innings and allowed four runs on five hits. The left-hander walked two and struck out three.

THE ASSOCIATED PRESS

NHL GMs look at expanding video review

After dedicating two days to making the game safer to play, the NHL's general managers wrapped up their annual meetings in Florida by discussing how to get more calls right on the ice.

The most interesting item to come from yesterday's session was a request from hockey operations to start using video review to look at four-minute high-sticking calls. It garnered some support among the GMs and will be examined again when they meet during the Stanley Cup final in June.

Double minors for high-sticking are assessed when a player is cut by an opponent's stick — something that isn't always easily detected in real time.

"We've had situations where on video review it's the other player's stick and it's a hard call on the ice," said Colin Campbell, the NHL's senior vice-president and director of hockey operations.

"We said we can live with it for 82 games, but in the playoffs that's a pretty big turnaround if you get the wrong call. The referees have supported us on that, they would like some help on that."

"That's our plea in hockey operations."

It appears the biggest issue to be worked out is whether a video review would be triggered by referees, a coach's challenge or automatically with every double minor for high-sticking assessed.

THE CANADIAN PRESS

WE ARE REAL PEOPLE SPECIALIZING IN REAL RESULTS!

NEW!



ALL NEW 2011 FORD FIESTA FC0100

\$13,929 \$51/WK

Call Scotty Today
866.938.0916

FOR INSTANT APPROVAL OR VISIT
www.healyford.com
30 SECOND CREDIT APP!

PRE-OWNED!



2006 FORD ESCAPE FC0310

\$56/WK

DRIVE TODAY • 1ST TIME BUYERS' PROGRAMS AVAILABLE • DRIVE TODAY

ALL PRICES INCLUDE GST & ARE BASED ON 9.49% OVER 72 MONTHS. FEES EXTRA

NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Philadelphia	69	43	19	4	3	222	184	93	21-10-2	22-9-2	4-4-2	W1
d-Washington	72	41	21	5	5	195	176	92	22-8-2	19-13-3	9-0-0	L1
d-Boston	69	39	21	4	5	206	166	87	16-12-3	23-9-1	6-3-1	W1
Pittsburgh	71	41	22	5	3	206	172	90	22-12-2	19-10-3	5-2-3	W2
Tampa Bay	70	39	22	4	5	210	211	87	22-9-1	17-13-3	4-4-1	W1
Montreal	70	38	25	4	3	186	176	83	21-9-3	17-16-1	7-3-0	L1
NY Rangers	71	37	30	2	2	204	178	78	16-17-1	21-13-0	6-4-0	W2
Buffalo	70	34	28	7	1	203	202	76	15-16-2	19-12-0	5-3-1	L1
Carolina	71	32	29	5	5	198	212	74	18-12-2	14-17-3	2-7-4	L1
Toronto	71	31	30	5	5	187	219	72	16-14-3	15-16-2	4-3-2	W1
New Jersey	69	33	32	3	1	150	176	70	17-14-2	16-18-0	8-2-0	W3
Atlanta	70	29	29	5	7	196	226	70	14-12-5	15-15-2	4-4-1	L1
Florida	70	28	33	5	4	175	194	65	14-15-3	18-10-4	3-5-2	L1
NY Islanders	71	27	33	6	5	197	226	65	16-15-4	11-18-5	4-2-3	L2
Ottawa	70	25	36	5	4	158	220	59	11-19-2	14-17-3	5-5-0	L2

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Vancouver	71	46	16	4	5	233	167	101	24-7-1	22-9-3	8-2-0	W6
d-Detroit	70	42	20	5	3	230	201	92	19-11-2	23-9-2	5-5-1	W3
d-San Jose	71	40	23	4	4	203	186	88	18-11-2	23-12-2	5-5-2	W1
Los Angeles	70	40	25	3	2	196	170	85	20-11-0	20-14-2	7-2-0	W4
Phoenix	71	37	23	7	4	206	203	85	17-11-2	20-12-2	4-4-1	W1
Chicago	70	38	24	3	5	232	197	84	22-14-0	16-10-4	7-1-1	W1
Dallas	70	37	25	3	5	196	199	82	19-12-4	18-14-1	5-3-2	L2
Calgary	72	36	27	3	6	217	207	81	21-12-3	15-15-2	5-4-0	L3
Nashville	70	35	26	4	6	179	165	80	17-8-3	18-18-1	4-4-1	L1
Anaheim	69	37	27	3	2	195	202	79	21-12-1	16-15-2	5-4-0	L1
Minnesota	70	35	28	2	5	178	188	77	17-13-2	18-15-2	3-6-1	L3
Columbus	69	32	27	4	6	190	209	74	16-14-3	16-13-3	2-4-3	L1
St. Louis	69	31	29	4	5	193	207	71	20-12-3	11-17-2	4-6-0	W4
Colorado	68	26	34	7	1	191	239	60	14-17-0	12-17-3	1-0-0	L1
Edmonton	70	23	38	2	7	172	231	55	12-19-3	11-19-2	4-5-0	L4
d — division leaders ranked 1-2 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.												

Tonight's results

All times Eastern												
Philadelphia at Atlanta, 7 p.m.												
Detroit at Columbus, 7 p.m.												
Tampa Bay at Montreal, 7:30 p.m.												
New Jersey at Ottawa, 7:30 p.m.												
Toronto at Florida, 7:30 p.m.												
Boston at Nashville, 8 p.m.												
Chicago at Dallas, 8:30 p.m.												
Colorado at Calgary, 9 p.m.												
Phoenix at Edmonton, 9 p.m.												
St. Louis at Los Angeles, 10:30 p.m.												
Minnesota at San Jose, 10:30 p.m.												
Newspaper												
Philadelphia at Atlanta, 7 p.m.												
Detroit at Columbus, 7 p.m.												
Tampa Bay at Montreal, 7:30 p.m.												
New Jersey at Ottawa, 7:30 p.m.												
Toronto at Florida, 7:30 p.m.												
Boston at Nashville, 8 p.m.												
Chicago at Dallas, 8:30 p.m.												
Colorado at Calgary, 9 p.m.												
Phoenix at Edmonton, 9 p.m.												
St. Louis at Los Angeles, 10:30 p.m.												
Minnesota at San Jose, 10:30 p.m.												
Newspaper												
Philadelphia at Atlanta, 7 p.m.												
Detroit at Columbus, 7 p.m.												
Tampa Bay at Montreal, 7:30 p.m.												
New Jersey at Ottawa, 7:30 p.m.												
Toronto at Florida, 7:30 p.m.												
Boston at Nashville, 8 p.m.												
Chicago at Dallas, 8:30 p.m.												
Colorado at Calgary, 9 p.m.												
Phoenix at Edmonton, 9 p.m.												
St. Louis at Los Angeles, 10:30 p.m.												
Minnesota at San Jose, 10:30 p.m.												
Newspaper												
Philadelphia at Atlanta, 7 p.m.												
Detroit at Columbus, 7 p.m.												
Tampa Bay at Montreal, 7:30 p.m.												
New Jersey at Ottawa, 7:30 p.m.												
Toronto at Florida, 7:30 p.m.												
Boston at Nashville, 8 p.m.												
Chicago at Dallas, 8:30 p.m.												
Colorado at Calgary, 9 p.m.												
Phoenix at Edmonton, 9 p.m.												
St. Louis at Los Angeles, 10:30 p.m.												
Minnesota at San Jose, 10:30 p.m.												
Newspaper												
Philadelphia at Atlanta, 7 p.m.												
Detroit at Columbus, 7 p.m.												
Tampa Bay at Montreal, 7:30 p.m.												
New Jersey at Ottawa, 7:30 p.m.												
Toronto at Florida, 7:30 p.m.												
Boston at Nashville, 8 p.m.												
Chicago at Dallas, 8:30 p.m.												
Colorado at Calgary, 9 p.m.												
Phoenix at Edmonton, 9 p.m.												
St. Louis at Los Angeles, 10:30 p.m.												
Minnesota at San Jose, 10:30 p.m.												
Newspaper												
Philadelphia at Atlanta, 7 p.m.												
Detroit at Columbus, 7 p.m.												
Tampa Bay at Montreal, 7:30 p.m.												
New Jersey at Ottawa, 7:30 p.m.												
Toronto at Florida, 7:30 p.m.												
Boston at Nashville, 8 p.m.												
Chicago at Dallas, 8:30 p.m.												
Colorado at Calgary, 9 p.m.												
Phoenix at Edmonton, 9 p.m.												
St. Louis at Los Angeles, 10:30 p.m.												
Minnesota at San Jose, 10:30 p.m.												
Newspaper												
Philadelphia at Atlanta, 7 p.m.												
Detroit at Columbus, 7 p.m.												
Tampa Bay at Montreal, 7:30 p.m.												
New Jersey at Ottawa, 7:30 p.m.												
Toronto at Florida, 7:30 p.m.												
Boston at Nashville, 8 p.m.												
Chicago at Dallas, 8:30 p.m.												
Colorado at Calgary, 9 p.m.												
Phoenix at Edmonton, 9 p.m.												
St. Louis at Los Angeles, 10:30 p.m.												
Minnesota at San Jose, 10:30 p.m.												
Newspaper												
Philadelphia at Atlanta, 7 p.m.												
Detroit at Columbus, 7 p.m.												
Tampa Bay at Montreal, 7:30 p.m.												
New Jersey at Ottawa, 7:30 p.m.												
Toronto at Florida, 7:30 p.m.												
Boston at Nashville, 8 p.m.												
Chicago at Dallas, 8:30 p.m.												
Colorado at Calgary, 9 p.m.												
Phoenix at Edmonton, 9 p.m.												
St. Louis at Los Angeles, 10:30 p.m.												
Minnesota at San Jose, 10:30 p.m.												
Newspaper												
Philadelphia at Atlanta, 7 p.m.												
Detroit at Columbus, 7 p.m.												
Tampa Bay at Montreal, 7:30 p.m.												
New Jersey at Ottawa, 7:30 p.m.												
Toronto at Florida, 7:30 p.m.												
Boston at Nashville, 8 p.m.												
Chicago at Dallas, 8:30 p.m.												
Colorado at Calgary, 9 p.m.												
Phoenix at Edmonton, 9 p.m.												
St. Louis at Los Angeles, 10:30 p.m.												
Minnesota at San Jose, 10:30 p.m.												
Newspaper												
Philadelphia at Atlanta, 7 p.m.												
Detroit at Columbus, 7 p.m.												
Tampa Bay at Montreal, 7:30 p.m.												
New Jersey at Ottawa, 7:30 p.m.												
Toronto at Florida, 7:30 p.m.												
Boston at Nashville, 8 p.m.												
Chicago at Dallas, 8:30 p.m.												
Colorado at Calgary, 9 p.m.												
Phoenix at Edmonton, 9 p.m.												
St. Louis at Los Angeles, 10:30 p.m.												
Minnesota at San Jose, 10:30 p.m.												
Newspaper												
Philadelphia at Atlanta, 7 p.m.												
Detroit at Columbus, 7 p.m.												
Tampa Bay at Montreal, 7:30 p.m.												
New Jersey at Ottawa, 7:30 p.m.												
Toronto at Florida, 7:30 p.m.												
Boston at Nashville, 8 p.m.												
Chicago at Dallas, 8:30 p.m.												
Colorado at Calgary, 9 p.m.												
Phoenix at Edmonton, 9 p.m.												
St. Louis at Los Angeles, 10:30 p.m.												
Minnesota at San Jose, 10:30 p.m.												
Newspaper												
Philadelphia at Atlanta, 7 p.m.												
Detroit at Columbus, 7 p.m.												
Tampa Bay at Montreal, 7:30 p.m.												
New Jersey at Ottawa, 7:30 p.m.												
Toronto at Florida, 7:30 p.m.												
Boston at Nashville, 8 p.m.												
Chicago at Dallas, 8:30 p.m.												
Colorado at Calgary, 9 p.m.												
Phoenix at Edmonton, 9 p.m.												
St. Louis at Los Angeles, 10:30 p.m.												
Minnesota at San Jose, 10:30 p.m.												
Newspaper												
Philadelphia at Atlanta, 7 p.m.												
Detroit at Columbus, 7 p.m.												
Tampa Bay at Montreal, 7:30 p.m.												
New Jersey at Ottawa, 7:30 p.m.												
Toronto at Florida, 7:30 p.m.												
Boston at Nashville, 8 p.m.												
Chicago at Dallas, 8:30 p.m.												
Colorado at Calgary, 9 p.m.												
Phoenix at Edmonton, 9 p.m.												
St. Louis at Los Angeles, 10:30 p.m.												
Minnesota at San Jose, 10:30 p.m.												
Newspaper												
Philadelphia at Atlanta, 7 p.m.												
Detroit at Columbus, 7 p.m.												
Tampa Bay at Montreal, 7:30 p.m.												
New Jersey at Ottawa, 7:30 p.m.												
Toronto at Florida, 7:30 p.m.												
Boston at Nashville, 8 p.m.												
Chicago at Dallas, 8:30 p.m.												
Colorado at Calgary, 9 p.m.												
Phoenix at Edmonton, 9 p.m.												
St. Louis at Los Angeles, 10:30 p.m.												
Minnesota at San Jose, 10:30 p.m.												
Newspaper												
Philadelphia at Atlanta, 7 p.m.												
Detroit at Columbus, 7 p.m.												
Tampa Bay at Montreal, 7:30 p.m.												
New Jersey at Ottawa, 7:30 p.m.												
Toronto at Florida, 7:30 p.m.												
Boston at Nashville, 8 p.m.												
Chicago at Dallas, 8:30 p.m.												
Colorado at Calgary, 9 p.m.												
Phoenix at Edmonton, 9 p.m.												
St. Louis at Los Angeles, 10:30 p.m.												
Minnesota at San Jose, 10:30 p.m.												
Newspaper												
Philadelphia at Atlanta, 7 p.m.												
Detroit at Columbus, 7 p.m.												
Tampa Bay at Montreal, 7:30 p.m.												
New Jersey at Ottawa, 7:30 p.m.												
Toronto at Florida, 7:30 p.m.												
Boston at Nashville, 8 p.m.												
Chicago at Dallas, 8:30 p.m.												
Colorado at Calgary, 9 p.m.												
Phoenix at Edmonton, 9 p.m.												
St. Louis at Los Angeles, 10:30 p.m.												
Minnesota at San Jose, 10:30 p.m.												
Newspaper												
Philadelphia at Atlanta, 7 p.m.												
Detroit at Columbus, 7 p.m.												
Tampa Bay at Montreal, 7:30 p.m.												
New Jersey at Ottawa, 7:30 p.m.												
Toronto at Florida, 7:30 p.m.												
Boston at Nashville, 8 p.m.												
Chicago at Dallas, 8:30 p.m.												
Colorado at Calgary, 9 p.m.												
Phoenix at Edmonton, 9 p.m.												
St. Louis at Los Angeles, 10:30 p.m.												
Minnesota at San Jose, 10:30 p.m.												
Newspaper												
Philadelphia at Atlanta, 7 p.m.												
Detroit at Columbus, 7 p.m.												
Tampa Bay at Montreal, 7:30 p.m.												
New Jersey at Ottawa, 7:30 p.m.												
Toronto at Florida, 7:30 p.m.												
Boston at Nashville, 8 p.m.												
Chicago at Dallas, 8:30 p.m.												
Colorado at Calgary, 9 p.m.												
Phoenix at Edmonton, 9 p.m.												
St. Louis at Los Angeles, 10:30 p.m.												
Minnesota at San Jose, 10:30 p.m.												
Newspaper												
Philadelphia at Atlanta, 7 p.m.												
Detroit at Columbus, 7 p.m.												
Tampa Bay at Montreal, 7:30 p.m.												
New Jersey at Ottawa, 7:30 p.m.												
Toronto at Florida, 7:30 p.m.												
Boston at Nashville, 8 p.m.												
Chicago at Dallas, 8:30 p.m.												
Colorado at Calgary, 9 p.m.												
Phoenix at Edmonton, 9 p.m.												
St. Louis at Los Angeles, 10:30 p.m.												
Minnesota at San Jose, 10:30 p.m.												
Newspaper												
Philadelphia at Atlanta, 7 p.m.												
Detroit at Columbus, 7 p.m.												
Tampa Bay at Montreal, 7:30 p.m.												
New Jersey at Ottawa, 7:30 p.m.												
Toronto at Florida, 7:30 p.m.												
Boston at Nashville, 8 p.m.												
Chicago at Dallas, 8:30 p.m.												
Colorado at Calgary, 9 p.m.												
Phoenix at Edmonton, 9 p.m.												
St. Louis at Los Angeles, 10:30 p.m.												
Minnesota at San Jose, 10:30 p.m.												

Crossword

Across

- 1 Existed
- 4 Homeless child
- 8 "That was close!"
- 12 Candle count
- 13 Frizzy hairdo
- 14 Frost
- 15 Affectionate
- 17 Satan's specialty
- 18 Illustrations
- 19 Corrupt
- 21 Savings overseer
- 24 — generis
- 25 Trench
- 26 Flop
- 28 New York town named for a former senator
- 32 Saharan
- 34 Unruly crowd
- 36 "— Only Just Begun"
- 37 Mother-of-pearl
- 39 Bankroll
- 41 Lair
- 42 Eggs
- 44 Slow down
- 46 Carnauba plant
- 50 Opposed to
- 51 "Sesame Street" favorite
- 52 Huge
- 56 Suitor
- 57 West Point team
- 58 Gilbert & Sullivan princess
- 59 Unsurpassable
- 60 Chows down
- 61 Police officer
- Down**
- 1 Kid's card game
- 2 Past
- 3 Relating to mean-



Today's horoscope

Aries March 21-April 20 You are ready and willing to start something new and exciting. But be advised that if you go off too soon, your efforts may fall short of expectations.

Taurus April 21-May 21 This should be a fun day for you, even though you have a lot of work on your plate. If you've fallen behind in your schedule get your friends to help you out — they'll gladly do so if asked. Then go and have fun.

Gemini May 22-June 21 There is still time to make a good impression on someone in a position of authority. Remember: You may know what you are capable of but that does not mean that he or she will know. Speak up.

Cancer June 22-July 22 Constant changes make it hard for you to plan too far ahead but in a way that's good because you will achieve more if you react to events rather than try to initiate them. Conserve your energy — you'll need it!

Leo July 23-Aug. 23 If there is something you need to say that may not be pleasant, either for you or other people, get it over with. Once the Sun changes signs this weekend, you'll have more important things on your mind.

Virgo Aug. 24-Sept. 22 It might be wise to steer clear of areas where you are not too sure of your ground. If you cannot avoid them, make sure you know where the exits are.

For today's crossword answers and for expanded horoscopes, go to metronews.ca



Sudoku

2		8	6		5
8	2	5	3		
4		7			
9	7	3	2		
6				1	
7	1	2	8		
2			9		
3	6	9	4		
9	5	4	3		

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Weekend's answer ►



2	9	5	4	1	7	8	3	6
7	6	1	2	3	8	4	5	9
8	3	4	5	6	9	1	2	7
1	8	6	9	5	4	3	7	2
9	4	2	6	7	3	5	1	8
3	5	7	8	2	1	6	9	4
4	1	3	7	8	2	9	6	5
5	7	8	1	9	6	2	4	3
6	2	9	3	4	5	7	8	1

A look at the weather

TODAY
Min -6°
Max 2°

FRIDAY
Min -6°
Max 3°

SATURDAY
Min -8°
Max 2°

Michele McDougall **Weather Specialist**
"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes." WEEKDAYS 6AM



RAFIQ MAQBOLI / THE ASSOCIATED PRESS

Caption contest



"My hairpiece brings all the birds to the yard, damn right it's better than yours."
VANESSA LAH



You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

BBW WARS .ca

FACTORY AUTHORIZED LIQUIDATION

MARCH 17TH TO 20TH

THURSDAY MARCH 17 5 - 10 | FRIDAY MARCH 18 10 - 10 | SATURDAY MARCH 19 10 - 10 | SUNDAY MARCH 20 10 - 5

LOWEST CLEAROUT PRICES EVER OFFERED!

EXCEPTIONAL PRODUCTS FROM:

- FOREST RIVER • KEYSTONE
- COLEMAN • EARTHBOUND
- PRIME TIME • MONACO

THE MAYFIELD INDOOR TRADE CENTER!

Please Bring a Donation for Edmonton's Food Bank



FREE PARKING
ON-SITE FINANCING
OVER 500 UNITS AVAILABLE NEW & USED!

Modern Made Affordable

See for yourself at moblerfurniture.com



**POWER
LEATHER RECLINER**
Stocked in Black, Brown and Cream.
Sugg. Retail \$998

**Everyday
Low Price
\$698**



Apartment size leather sectional sofa
W/Chaise (Left or Right). Stocked in
Chocolate, black, and white \$1,598.00.



Florence Bedroom

Queen Size	Was \$498	Sale \$398
Night Stand	Was \$139	Sale \$98
Double Dresser	Was \$398	Sale \$298
High Dresser	Was \$359	Sale \$249
Single Dresser	Was \$269	Sale \$188



ONLY \$598

Sofa Bed in soft touch durable
polyurethane, white or black.

6 months to pay, no interest, no payments, and no fees (OAC)
Lots of unadvertised savings in store

Möbler
MOBLER FURNITURE

www.moblerfurniture.com

10550 Mayfield Road
Between Scandia Furniture
& Giovanni Music
☎ 780.444.1199

STORE HOURS
Sat 10-5, Sun 12-5,
Mon-Wed & Fri 10-6,
Thurs 10-9

Introducing the **MOTOROLA** **ATRIX™**

Only on Canada's best network.¹



MOTOROLA ATRIX™

The MOTOROLA ATRIX™ is a truly revolutionary device. It features a dual-core processor, 4" qHD display and Flash® 10.1. Designed to deliver speeds of up to 14.4 Mbps,² it has the power to double as a personal computer and entertainment unit with the exclusive LAPDOCK™ and HD Multimedia Dock.



LAPDOCK™

Unleash the full computing power of the MOTOROLA ATRIX™ with MOTOROLA's LAPDOCK™. With the exclusive webtop application, you can browse websites in a full Firefox® browser, edit spreadsheets and make or receive calls at the same time.



HD Multimedia Dock

Insert the MOTOROLA ATRIX™ into the HD Multimedia Dock, and connect to a high-definition monitor or TV to play back images and videos in HD on the big screen.

Visit a Bell store for a live demo •
1 888 4-MOBILE (662453) • bell.ca/atrix

Bell the smartphone
just got
better

Available within network coverage areas available from Bell Mobility. Other conditions apply. (1) Based on comparison of national networks: (a) fastest network, according to tests of average upload and download speeds in large urban centres across Canada, (b) largest network, based on total square kms of coverage, and (c) fewest call failures based on tests including network access failures, blocked calls and dropped calls in large urban centres across Canada; all on the shared HSPA+ network available from Bell vs. Rogers HSPA/HSPA+ network. Excludes roaming partners' HSPA and GSM/Edge coverage in certain parts of Manitoba and Saskatchewan. Speed may vary due to topography, environmental conditions, device type and other factors. HSPA+ not available in all areas. Bell.ca/network. (2) Actual speeds may vary due to topography, environmental conditions, device type and other factors. MOTOROLA and the Stylized M Logo are trademarks or registered trademarks of Motorola Trademark Holdings, LLC. Android, Android Market and the Android Logo are trademarks of Google, Inc. Adobe and Flash are either registered trademarks or trademarks of Adobe Systems Incorporated in the United States and/or other countries. All other trademarks are the property of their respective owners.